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MOTION SONGS

FOR PUBLIC SCHOOLS

BY MABEL L. PRAY

D. C. HEATH & CO., Publishers
BOSTON NEW YORK CHICAGO

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MOTION SONGS

FOR

PUBLIC SCHOOLS

BY

MABEL L PRAY

PROPERTY OF
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OCT 22 1901
Borough of Manhattan & The Bronx
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PREFACE.

The necessity of physical culture in our public schools is already so generally recognized by leading educators and thinking people that no especial plea is needed for it here.

It is also recognized that this physical education should be a general one without regard to special work,— a training of the will and of the response to it, in nerves and muscles. Its aim should be to develop not only a strong body, but also the elements of grace of pose and gesture to round off the youth and make him a more perfect unit.

Of course, no fine artistic analysis of expression can be expected from public school children, but they can be taught the difference between awkwardness and grace, and to develop in themselves something of the ease and self-possession that comes from the harmonious bodily expression of mental acts and emotions.

The Motion Song should bring the hand, eye, head, the body — the entire carriage, in response to the sentiment expressed. Most of these songs have stood the test of schoolroom trial: permission for the use of some of them has been most kindly granted by the owners of copyrights.

This little collection is offered to the teachers, in the hope that they may find in it something to aid in their physical culture work and something of variety for school celebrations of our national holidays.

MABEL L. PRAY.

BOSTON, MASS., *August 28th, 1895.*

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ILLUSTRATIONS.

The illustrations in this book are from photographs of pupils of a public school, that had received no special training in expression.

While some of the poses are open to criticism from a high, artistic standpoint, it was deemed best to insert them instead of sketches with each song, as a better illustration of what can be done in the public schools, in gesture and expression of the face.

Figures 1 and 2 represent the girl's courtesy and the boy's bow, in the positions that best seemed to show them. The other attitudes illustrate the simple gestures most frequently indicated in the directions through the book, and the animating sentiment of each is readily understood

E

F

G

H

I

J

K

L

I

J

K

L

TO TEACHERS.

The success of the Motion Song depends upon the child's entering into the spirit of what he sings. Thus, in the song, "The Robin and Bluebird," unless he feels the content of the robin, proud of his mate and well-built nest, and sympathizes with the bluebird's loneliness, the gestures will be merely mechanical.

The child must think and feel, before he pictures with eye, hand, and body. The gesture itself should slightly precede the words. A thought or an emotion that is plainly described needs no gesture, it is the half hidden that should have such expression.

To avoid all jerky motions, one gesture should, as far as possible, pass easily into the next, remembering that the wrist leads in all arm movements.

Whatever the attitude, the whole body should be in harmony; if one foot is in advance and one arm extended, the body should be in harmony, with the weight upon the forward foot; the face, also, should give expression to the sentiment.

All mechanical effect should be avoided. A gesture is not necessary for every word or every line, and if a school falls naturally into another than the described gesture, by all means encourage them to give their own expressions unless they are very faulty.

From ten to twenty motions are indicated for each song; it will be far better to omit some than to add more. Too many gestures spoil the effect. The Delsarte principle is far in advance of the old "hand-flinging acting."

It will be noticed that there is a similarity of gestures outlined for the songs, but this similarity will simplify them for both teacher and pupil, without making them monotonous, as the motion songs are intended for use only in connection with tables of exercises. Experienced teachers, however, can, if they choose, add a greater variety of gesture.

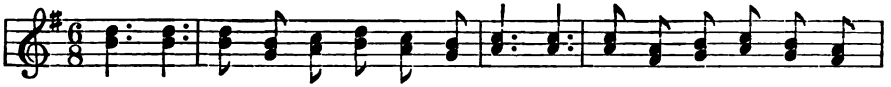
The songs in the list adapted to more advanced pupils have been found practical even in the seventh and eighth year of school.

Autumn.

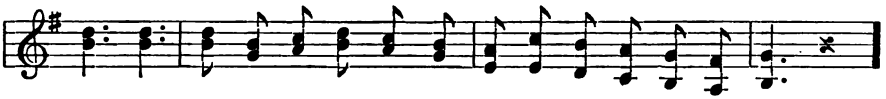
Autumn days are coming
  Filled with happy hours,
Purple grapes are hanging
  In their leafy bowers;
Ripe brown nuts are falling,
  Apples gay and bright,
All to greet the children
  In the Autumn light.
Maple, oak and willow,
  Red and brown and yellow,
All to greet the children
  In the Autumn light.

Autumn Time.

M. L. P. *Old Song.*

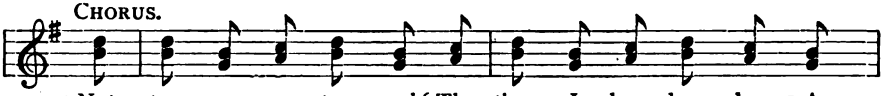


1. [1] Look,look,oak leaves are yel-low now,[2] Ripe,ripe,pears they are mel-low now,
2. [11] Hark,hark, crick-ets are call-ing now,[12] Down,down,ap-ples are fall-ing now,
3. [15] Clear,clear,brook-lets are flowing now,[16] Tall, tall, gold-en-rod 's grow-ing now,

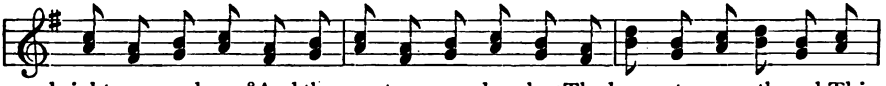


[3] Look, look, oak leaves are yel-low now,[4] Au-tumn is with us a-gain.
[13] Hark,hark,crick-ets are call-ing now,[14] Au-tumn is with us a-gain.
[17] Come,come, nut-ting I 'm go-ing now,[18] Au-tumn is with us a-gain.

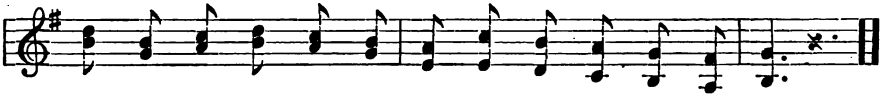
CHORUS.



[5] Not too warm or too cool,[6] The time I love dear-ly; [7] A



bright sun a-bove [8] And the wa-ters run clear-ly;[9] The harvests are gathered, This



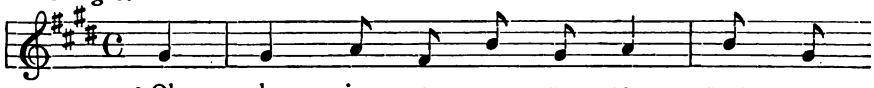
sea-son comes year-ly, [10] Old Au-tumn is with us a-gain.

---

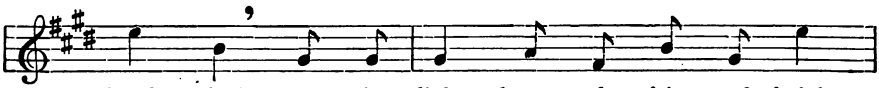
1 Figure *I*.
2 Figure *K*.
3 Figure *I*.
4 Figure *E*, using both hands, and slightly bowind forward.
5 Figure *E*, without straightening index finger.
6 Figure *E*, with left hand, for "cool."
7 Figure *K*.
8 Figure *C*.
9 Figure *H*.
10 Same as 4.
11 Figure *J*.
12 Figure *K*, making two feather movements, downward.
13 Figure *J*.
14 Same as 4.
15 Figure *C*.
16 Figure *E*, raising hand on each word "tall."
17 Inviting gesture with right hand.
18 Same as 4.

The Fairy.

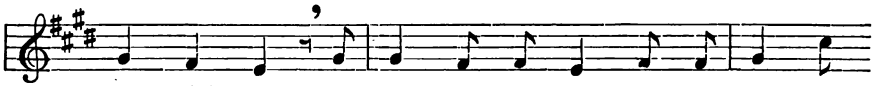
Allegro. *Carl Reinecke.*



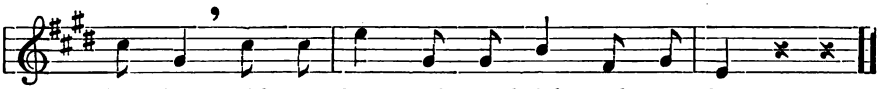
1. [1] Oh, who is so mer - ry, so mer - ry,
2. [4] Oh, who is so mer - ry, so mer - ry,
3. [8] Oh, who is so mer - ry, so mer - ry,



heigh ho! [2] As the light - heart - ed fai - ry? heigh
heigh ho! [5] As the light - heart - ed fai - ry? heigh
heigh ho! [9] As the light - heart - ed fai - ry? heigh



ho! heigh ho! [3] He dan - ces and sings to the sound of
ho! heigh ho! [6] His nec - tar he sips from the prim - ro -
ho! heigh ho! [10] The night is his noon, and his sun is



his wings, With a hey and a heigh and a ho!
se's lips, [7] With a hey and a heigh and a ho!
[11] the moon, [12] With a hey and a heigh and a ho!

---

[1] Figure *H*.

[2] Figures *A* and *B*; bow to right, then left.

[3] Join hands, forming chains across the room in straight lines; put the right foot in advance, bring the left foot to it, throwing the weight forward and coming up on the toes, at the same time swinging the arms slightly; then the left foot back, right foot to it, up on the toes, etc. (This swinging movement should be light and free, and arms and feet move in time with the song. Very young pupils may place hands on hips and keep time by swaying from side to side.)

[4] Figure *H*.

[5] Same as 2.

[6] Head back, bring right hand to lips.

[7] Waving movement of right hand.

[8] Figure *H*.

[9] Same as 2.

[10] Figure *E*, using left hand.

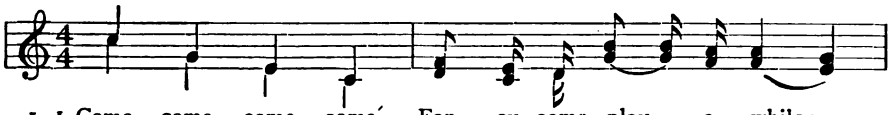
[11] Figure *E*.

[12] Same as 3.

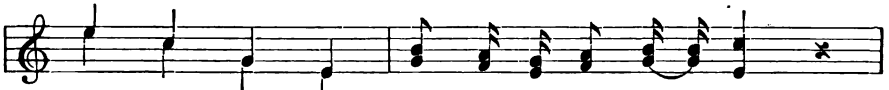
Swing Song.

By per. Educational Publishing Co.

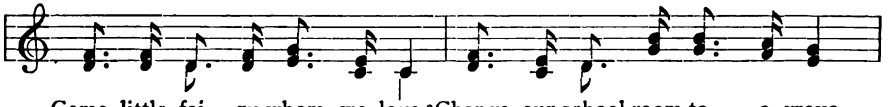
Annie Chase.



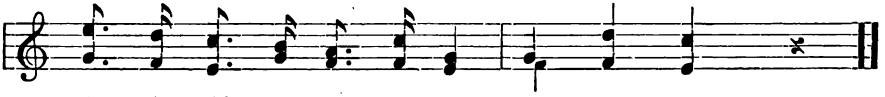
1. [1] Come, come, come, come, Fan - cy come play a - while;
2. [5] Swing, swing, swing, swing, Light is the sum - mer breeze;
3. [9] Swing, swing, swing, swing, Mer - ri - ly to and fro;



Come, dear fai - ry, come,[2] With your pleas - ant smile.
Swing, swing, swing, swing, Un - der the sway - ing trees.
Sing, sing, sing, sing, Gai - ly as we go.



Come, little fai - ry whom we love,[3] Change our school-room to a grove,
[6] Soft green grass- es 'neath our feet, [6] O - ver-head the birds sing sweet,
[10] Now we swing up ver - y high,[11] Watch the clouds go float - ing by,



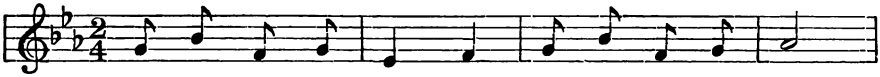
[4] Where the old trees arch a - bove, While we swing.
[8] All a - round the flow - ers greet, Swing, swing, swing.
[12] Now we "let the old cat die," Swing, swing, swing.

---

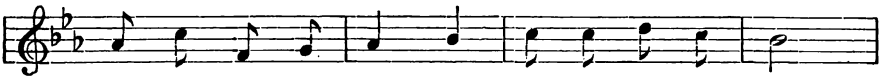
[1] Figure *D*, looking up.
[2] Figure *D*, with head slightly to one side.
[3] Both hands out, looking around the room.
[4] Lift both hands over head slowly, touching above.
[5] One foot in advance, hands at side; imitate swinging forward and backward, bending body slightly, keeping arms parallel.
[6] Figure *C*.
[7] Figure *K*.
[8] Same as 3.
[9] Swinging motion 5.
[10] Gradually swing higher, stopping on word "high."
[11] Figure *K*, following the movement of floating clouds.
[12] Swing more and more slowly, stopping on last "swing" (not abruptly).

Playing on the Beach.

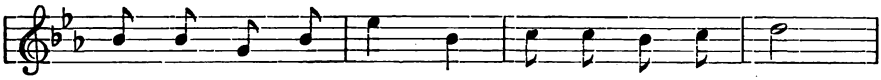
W. A. Ogden.



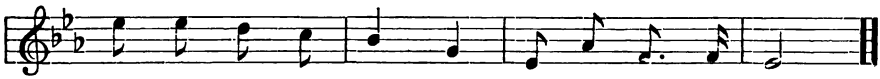
1. [1] Gath-'ring up the peb - bles, [2] Delv-ing in the sand,
2. [7] Dim - pled feet swift tread - ing The huge bil - low's track,



[3] Build - ing mim - ic cas - tles, [4] Wad - ing hand in hand
[8] Ro - sy fin - gers fling - ing Mer - ry kiss - es back,



With one's lit - tle neigh - bors, [5] Hap - py smiles for each,—
[9] Lit - tle peo - ple striv - ing First the shore to reach,—



Oh, 'tis sure - ly pleas - ant, [6] Play - ing on the beach.
[10] Oh, 'tis ver - y pleas - ant, Play - ing on the beach.

From "Our Little Ones and the Nursery," by per.

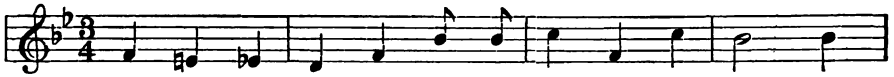
---

[1] Stoop down, as if picking up shells; then back to position.
[2] Imitate digging with spade.
[3] Palms facing each other, bring hands from below, together, in front of face.
[4] Join hands across the room; march forward and backward to position.
[5] Nod to one another.
[6] Figures *A* and *B*.
[7] A few light, running steps forward.
[8] Backward wave of right hand.
[9] Turn, then same as 7.
[10] Turn forward into position; Figures *A* and *B*.

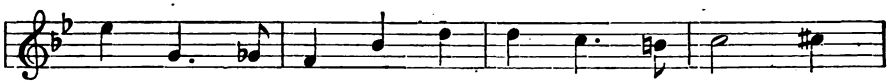
Robin and Bluebird.

Tune, ROCK-A-BYE BABY.

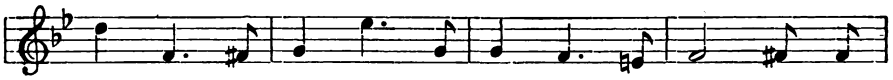
M. L. P. *Effie I. Canning.*



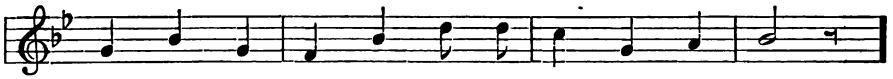
1. [1] Rob - in is swing - ing in the or - chard so fair, [2] While
2. [12] Rob - in looks down-ward, through the branch - es and leaves, [13] He



hid - den quite near, is a nest built with care; [3] Sir
sees Mis - ter Blue - bird as fine as you please; [14] But

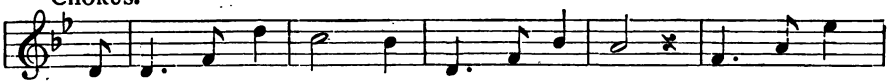


Rob - in is hap - py, and quite proud is he, [4] As he's
nev - er a chirp or a nod an - swers he, [15] As he's

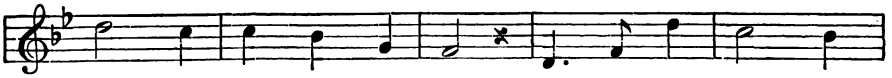


swing - ing and sing - ing in the old ap - ple tree.

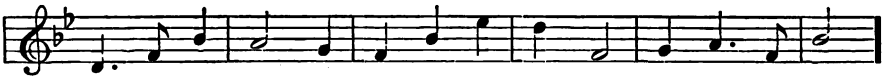
CHORUS.



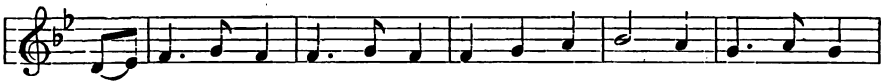
[5] "Good morn - ing, Sir Rob - in, [6] how do you do?" [7] Sang a bird



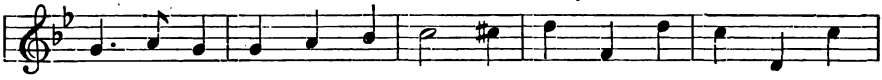
near, with feath - ers so blue; [8] High - er and high - er



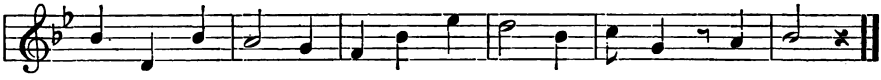
swings Rob-in free, Soft winds now are blow-ing, hap-py is he.



[9] They are swing-ing and sing-ing up-on the tree-top, The Rob-in and



Blue-bird, how gai-ly they rock, [10]One bird is so hap-py, light-



heart-ed and free, [11]The oth-er as lone-some, lone-some can be.

By per. of Chas. D. Blake & Co., Publishers, Boston.

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[1] Figure *D*, looking up, and swinging arms back and forth.
[2] Figure *E*.
[3] Hands on hips; bend head left and right in time with music.
[4] Same as 1.
[5] Nod head slightly.
[6] Figures *A* and *B*.
[7] Figure *E*.
[8] Same as 1.
[9] Right foot in advance, as to take a step; join hands across the room (straight lines). Bring left foot up to right and come up on the toes; then left foot back, right foot to it and up on toes; swing arms slightly at same time. (This swaying movement should be light and free, and music slow enough to keep time with the feet. Pupils too young for this motion may place hands on hips and keep time by swaying a little from side to side.
[10] Girls, or half of school, sing alone in light-hearted manner, hands on hips.
[11] Boys, or other half of school, sing, with drooping heads and hands at side.
[12] Look downward, hands behind.
[13] Figure *E*.
[14] Shake the head.
[15] Same as 1.

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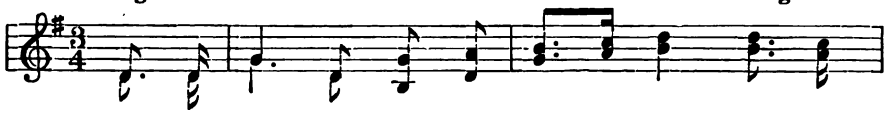
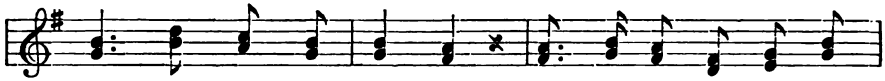
The Dawn of Day.

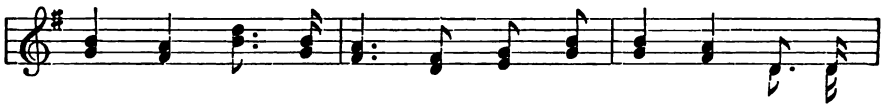
M. Georgia Ormond. *W. A. Ogden.*



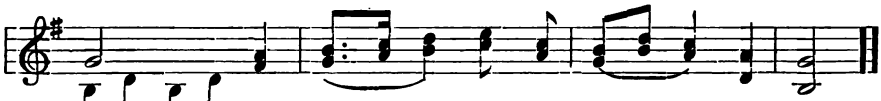
1. [1] On the top - most branch - es swing - ing, Hosts of
2. [5] Rob - ins dip their wings and fa - ces [6] In the
3. [10] Sun - light all the hill - tops fring - ing, [11] Float - ing



birds are gai - ly sing - ing; [2] How they whis - tle, coo and
brooks from hid - ing pla - ces; [7] Squir-rels peep with mer - ry
clouds have caught their ting - ing; Ev - 'ry pulse of na - ture



twit - ter, [3] How the dew - drops gleam and glit - ter; [4] For the
squeal - ing, [8] Hear the for - est blue - bells peal - ing; [9] For the
tin - gles, [12] As the mu - sic floats and min - gles; For the



day . . . has dawned, . . For the day . . has dawned.

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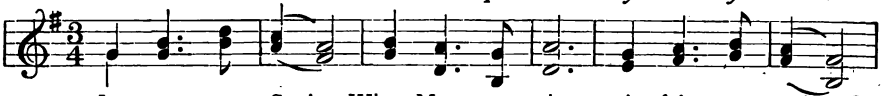
---

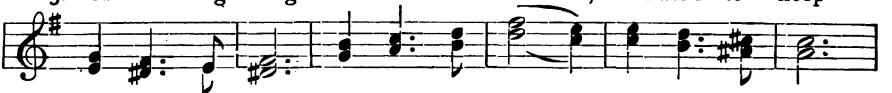
[1] Figure *K*, stepping forward on right foot, swaying hand from side to side, in time with music.
[2] Hands on hips, look up; boys may whistle.
[3] Figure *C*.
[4] Figure *I*, hold position through the stanza.
[5] Hands behind, look downward.
[6] Figure *E*.
[7] Hands on hips; look up, to the right.
[8] Figure *J*.
[9] Same as 4.
[10] Figure *E*, following hand toward imaginary hill-tops.
[11] With floating motion, carry hands from right to left, looking up.
[12] Figure *J*.
Close stanza same as 4.

Columbus.

M. L. P. *Spanish Melody. Arr. by Z. B. S.*

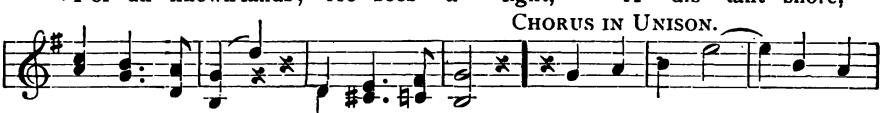


1. [1] In sun - ny Spain, When Moors were there, [2] A fair queen reigned,
2. [9] They sail'd a - way For un-known land, [10] This ad - miral brave
3. [12] A moon-light night [13] Co - lum - bus stands, A watch to keep

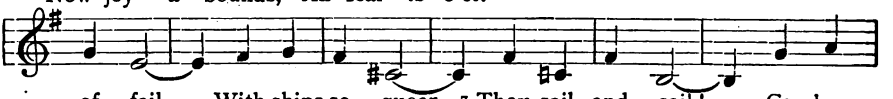


With jew - els rare; [3] And for Cas - tile This queen so kind,
And his small band; But when the weeks And months went by,
[14] For un - known lands; [15] He sees a light, A dis - tant shore,

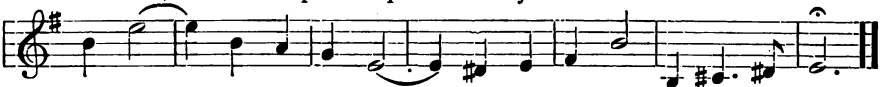
CHORUS IN UNISON.



[4] Gave jew - els all, New lands to find. [5] A-cross the sea, [6] No tho't
[11] No sign of land Greet-ed the eye.
[16] Now joy a - bounds, All fear is o'er.



of fail, With ships so queer [7] They sail and sail! Co - lum -



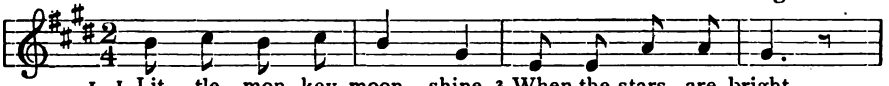
bus brave, [8] We sing to thee, And thy fair land Be-yond the sea.

---

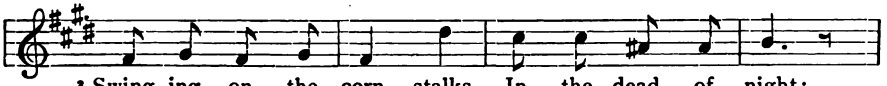
[1] Figure *E*, stepping forward.
[2] Animated expression of face.
[3] Gesture of right hand as if indicating Castilian banner.
[4] Sweeping gesture outward with both hands, stepping forward on right foot.
[5] Sweeping gesture outward with right hand, palm down; weight thrown forward.
[6] Let weight of body settle gradually back.
[7] Slow waving gesture of right hand from left to right; far away expression in the eyes.
[8] Figure *H*; from this position gradually spread the arms outward, then let them sink downward.
[9] Same as 5.
[10] Stand firm, hands at the side.
[11] Figure *I*.
[12] Look upward.
[13] Forward gesture of right hand, indicating the figure of Columbus at the head of the ship.
[14] From previous position carry hand to the right, palm down.
[15] Step back, look intently to the left, shading eyes with left hand.
[16] Figure *H*.

Moonshine.

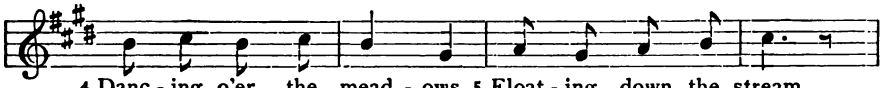
Nellie M. Garabrant. *W. A. Ogden.*



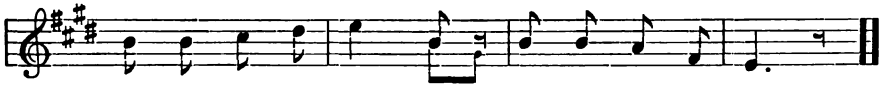
1. [1] Lit - tle mon - key moon - shine, [2] When the stars are bright,
2. [8] Fall - ing through the tree - tops, [9] Tumb-ling o'er the lawn,



[3] Swing - ing on the corn - stalks In the dead of night;
Chas - ing bats and owl - ets [10] Till the break of morn.



[4] Danc - ing o'er the mead - ows, [5] Float - ing down the stream,
Lit - tle mon - key moon - shine [11] With the morn - ing star,



[6] Peep - ing through the win - dows [7] To make the chil - dren dream.
[12] Rides a - way to cloud - land In a sil - ver car.

By per. from "Our Little Ones and the Nursery."

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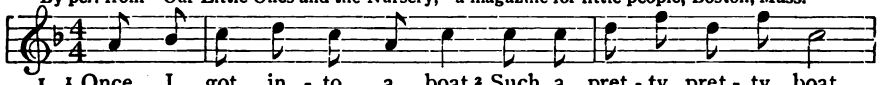
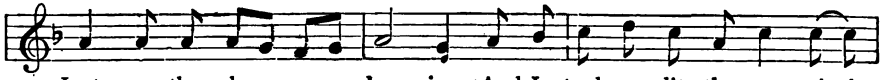
[1] Figure *E*, using both hands, without straightening index finger.
[2] Figure *K*.
[3] Figure *D*, swinging arms to and fro.
[4] Hands on hips, bend slightly left and right.
[5] Figure *C* with floating motion from left to right.
[6] Figure *I*.
[7] Hands to right of face, head resting upon them, eyes closed.
[8] Arms above head; bring them down, forward, with feather movement, keeping time with song.
[9] Figure *C*, with quick waving motion.
[10] Figure *E*, toward the east.
[11] Figure *K*.
[12] From previous position, follow the imaginary cloud away to the right (waving motion of the hand).

Boat Song.

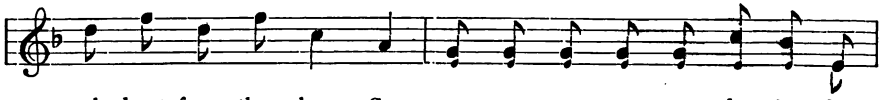
By per. from "Our Little Ones and the Nursery," a magazine for little people, Boston, Mass.



1. [1] Once I got in - to a boat, [2] Such a pret - ty, pret - ty boat,
2. [9] In their caves so cool and deep, [10] All the fish - es were a - sleep,
3. [13] Said the stur - geon to the eel, "Just im - ag - ine how I feel,

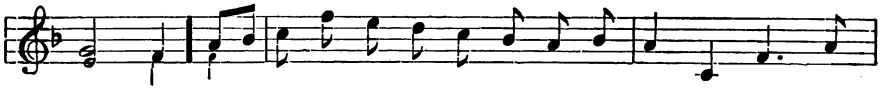


[3] Just as the day was dawn-ing;[4] And I took a lit-tle oar, [5] And
[11] Save when a ripple gave them warning;[12] Said the minnow to the skate, "Don't
[14] Pray do ex-cuse me for yawning, For these folks should let us know [15] When a

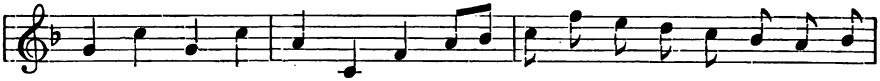


pushed out from the shore, So ver - y, ver - y ear - ly in the
lie a - bed so late," So ver - y, ver - y ear - ly in the
sail - ing they would go," So ver - y, ver - y ear - ly in the

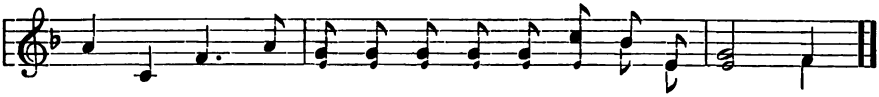
CHORUS.



morn - ing. [6] And ev - 'ry lit - tle wave-let had its night - cap - on, [7] [8] Its



night - cap, white-cap, night cap on, And ev - 'ry lit - tle wave-let had its



night - cap on, So ver - y, ver - y ear - ly in the morn - ing.

---

1 Take light step forward with right foot. ("Stepped" may be substituted for "got.")

2 Hands out, palms up; look downward.

3 Figure *K*, toward the east.

4 Bend forward as if to take oar, on right side.

5 Push with oar.

6 Figure *C*, carrying hands to right side with waving motion.

7 Downward motion of hands on each side of face.

8 Hands to face; hands down as Figure *C*; to face again. (While girls take this movement, boys may imitate rowing with both arms, keeping time.)

9 Figure *E*.

10 Both hands to right of face, drop head on hands and close eyes.

11 Figure *C*, carrying hands to left.

12 Figure *F*, every two rows of pupils facing one another.

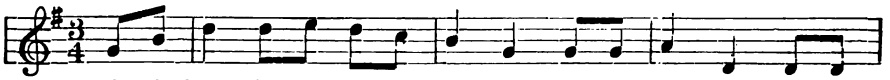
13 Facing each other, hands on hips, bend head from side to side.

14 Imitate yawning, right hand to mouth.

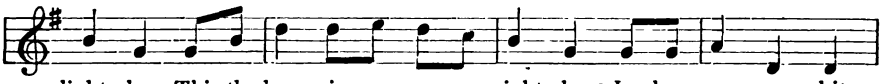
15 Figure *E*, turning palm down and carry toward the right.

Miss Thistledown.

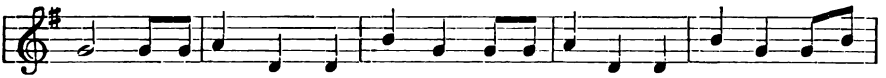
M. L. P. *Arr. from "Buy a Broom" by Z. B. S.*



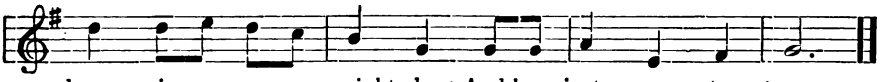
1. This-tle-down is ver - y spright-ly, [1] Swinging light - ly, oh, so
2. [5]From the stem she would be fly - ing, With the breez - es soft - ly
3. [8]But a - las! she 'd just de - part - ed, [9]When the rain-drops downward



light - ly, This-tle-down is ver - y sight - ly, [2] In her snow - y white
sigh - ing, Floating still, when day is dy - ing [6] Ver - y faint in the
start - ed, [10]It was real - ly too hard-heart-ed, The way they came



gown. [3]Nodding this way, and that way, Nodding this way, and that way, This-tle-
west. [7]Floating this way, and that way, Floating this way, and that way, This-tle-
down. [11]Tapping this way, and that way, Tapping this way, and that way, [12]Thistle-



down is ver - y spright - ly, [4] And has just come to town.
down is gai - ly fly - ing, She is nev - er at rest.
down was bro - ken heart - ed, For it ru - ined her gown.

---

[1] Figure *D*, swinging arms from side to side.

[2] Girls, Figure *A*. Boys, similar gesture with arms out.

[3] Nod head, left and right.

[4] Figure *E*.

[5] Imitate flying; arms outstretched sideways, hands relaxed, palms down; waving motion of arms, at the same time lightly coming up on the toes.

[6] Figure *E*, toward the west.

[7] Balance movement; arms sideways, shoulder high, hands relaxed; bend body at the waist to left and right and slightly wave the arms up and down. (Continue through the stanza, in time with music.)

[8] Shake head.

[9] Figure *K*, bringing arms downward, with feather movement.

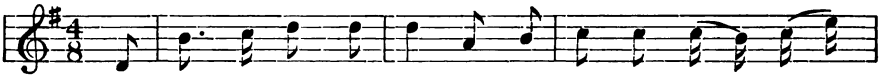
[10] Hands on hips; shake head.

[11] Tap on desk on each side with right hand, then left.

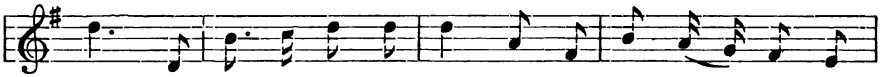
[12] Drop the head; same as 2.

The Rain Coach.

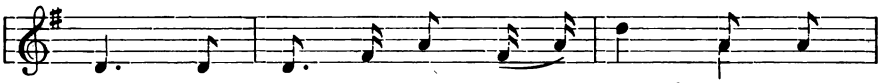
Eleanor Smith.



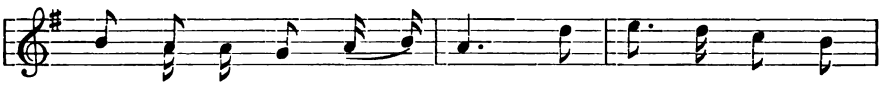
1. Some lit - tle drops of wa - ter,[1] Whose home was in the
2. [7] But ah! they were so ma - ny, [8] At last the car - riage



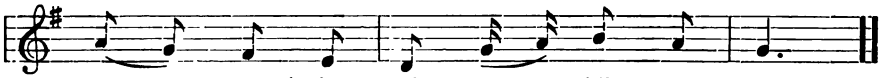
sea, [2] To go up - on a jour - ney, Once hap - pened to a -
broke, And to the ground came tumb-ling, These fright- ened lit - tle



gree. [3] A cloud they had for a car - riage, [4] Their
folk. [9] And through the moss and grass - es,



horse a play - ful breeze, [5] And o - ver land and
They were com-pelled to roam, [10] Un - til a brook - let



coun - try, [6] They rode a - while at ease.
found them, And car - ried them all home.

By per. from "Songs for Little Children," Milton Bradley Co., Springfield, Mass.: Thos. Charles Co., Chicago, Ill., Publishers.

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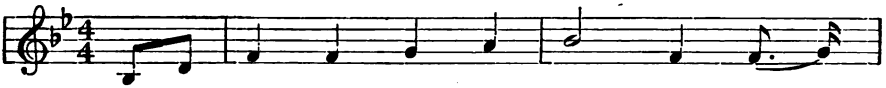
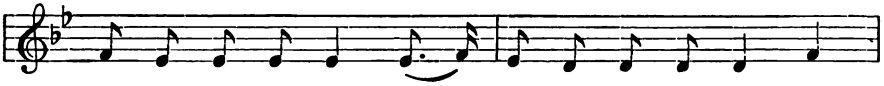
1 Figure *C*.
2 Figure *E*, without straightening the index finger.
3 Figure *K*.
4 Figure *C*, hands relaxed; with waving motion carry them from left to right.
5 From previous position, with waving motion bring arms apart to full extent.
6 Arms still sideways, wave to and fro, keeping time.
7 Figure *F*.
8 Figure *C*, palms up first, upon "broke;" then turned down.
9 Figure *E*, turning hand over and carrying to the right.
10 Figure *D*.

Thanksgiving Day.

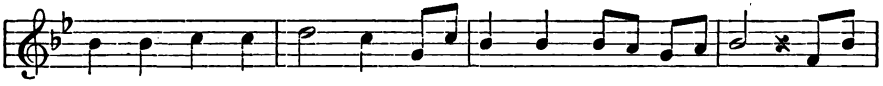
M. L. P. *German Air.*



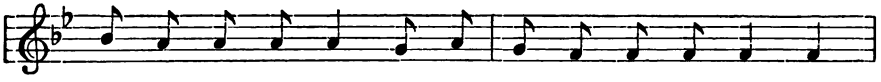
1. [1] 'T was ear - ly in the morn - ing, [2] Of the
2. [7] The farm - house was the whit - est [8] In
3. [14] The din - ner was a fine one, On that



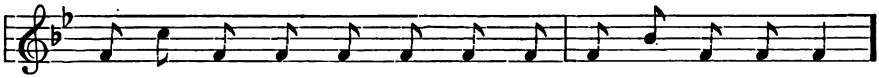
glad Thanksgiv - ing Day, Of the glad Thanksgiv - ing Day, [3] The
all the coun - try round, In all the coun - try round; [9] The
glad Thanksgiv - ing Day, On that glad Thanksgiv - ing Day; [15] And



chil-dren's tho'ts of pleas - ure Were joy - ous, blithe and gay; [4] The
red-roof'd barn the fin - est,[10] Where snow-y eggs were found;[11] The
Grand-pa smil - ing faint - ly Said to the chil - dren gay,[16] "Why

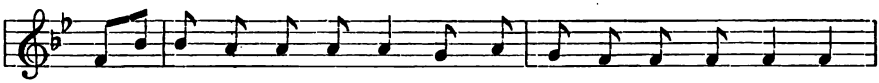


frost - y way was pleas - ant, The branch-es white with snow, [5] As
chil-dren climb'd the raft - ers,[12] (I 'm sure you 'd do so too,) The
are we thank - ful, chil - dren, And folks from out of town?"[17] Up

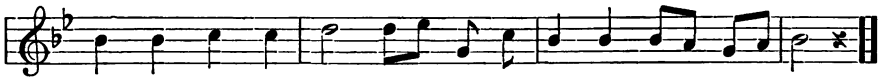


down the road they roll'd a - long, To Grand-pa's farm they go.
hens look'd on in mild a - maze,[13]As round and round they flew.
spoke Ma - rie in ac - cents clear,[18]"For tur - key, crisp and brown."

CHORUS.



[6] Oh, hap - py, hap - py chil - dren, Oh, hap - py chil - dren they—Who



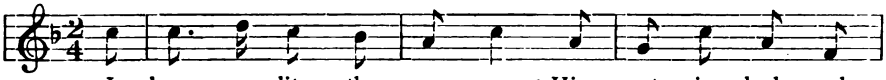
have a farm to vis - it, On a glad Thanksgiv - ing Day.

---

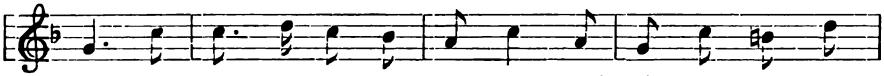
[1] Figure *E*, without straightening the index finger.
[2] Figure *H*.
[3] Hands on hips, bend from side to side on words "joyous," "blithe," and "gay."
[4] Figure *K*.
[5] Figure *E*, following gesture away to the right.
[6] Join hands by twos, holding hands up; one slide step to the right, bring left foot to the right and come up on the toes; then left foot slide step, etc. Make four such movements to each side, in time with the song, swaying the body in harmony.
[7] Figure *E*.
[8] Figure *E*, using both hands, without straightening the index finger.
[9] Figure *E*, using left hand.
[10] Hold up imaginary eggs and look at them.
[11] Figure *K*.
[12] Figure *F*.
[13] Figure *E*, using right hand, then left, without straightening the index finger.
[14] Figure *E*.
[15] Figure *E*, using left hand, without straightening the index finger.
[16] Straighten up, hands folded.
[17] Hands on hips, head to one side, look up.
[18] Figure *D*, looking up.

My Pony.

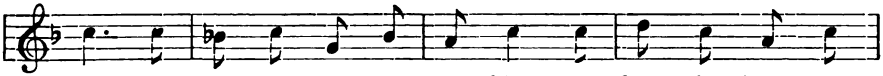
W. A. O. *S. C. B.*



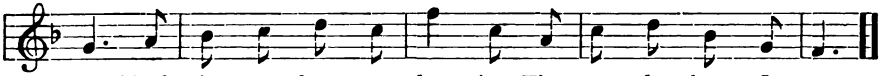
1. [1] I have a lit - tle po - ny, [2] His coat is sleek and
2. [7] At eve - ning I ca - ress him, [8] And make his bed with
3. [12] I love my lit - tle po - ny, [13] For he is good and



brown; [3] I ride him ev - 'ry morn - ing Thro' all the mer - ry
care; I give him roy - al shel - ter, His food is roy - al
kind, [14] And he is true and no - ble, As a - ny you will



town. [4] I trot, trot, trot, trot, trot him, [5] A - long the bus - y
fare. [9] I rub his coat so glos - sy, And comb his flow - ing
find. He loves his lit - tle mas - ter, [15] And so we both a -



street, [6] And raise my hat, sa - lut - ing The peo - ple whom I meet.
mane, [10] Then say, "Good-night, my po - ny, [11] Till morn - ing comes a - gain."
gree In kind - ness to each oth - er, [16] My po - ny dear and me.

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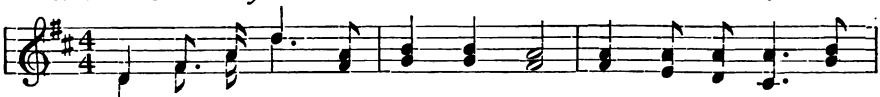
Pupils seated.

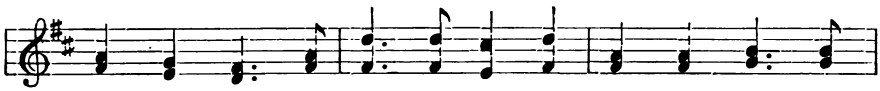
1 Figure *E*.
2 Figure *C*, with waving motion over the desk.
3 Hands on hips, keep time by slightly swaying the body to and fro.
4 Tap on the desk.
5 Figure *E*.
6 Right hand to head, nod.
7 Caressing movement of right hand over the desk.
8 Figure *E*, using both hands.
9 With right hand, a rubbing motion left to right, then a waving motion to position.
10 Outward gesture of right hand.
11 Figure *E*, using left hand.
12 Figure *E*, without straightening the index finger.
13 Nod head to right.
14 Nod head to left.
15 Figure *E*, without straightening the index finger.
16 Figure *E*, using both hands and slightly nodding head forward. Do not straighten index finger.

The Pilgrims.

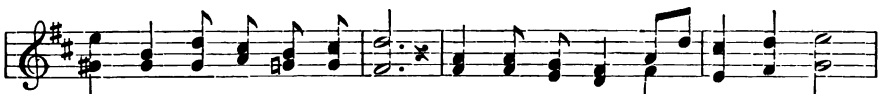
William Cullen Bryant. *Z. B. S.*



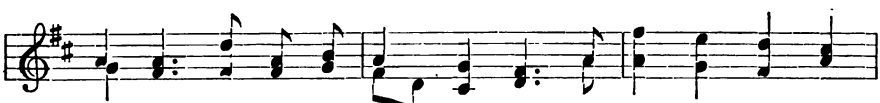
1. [1] Wild was the day; the win - try sea [2] Moan'd sad - ly on New
2. [7] Green are their bays; and green - er still [8] Shall round their spreading



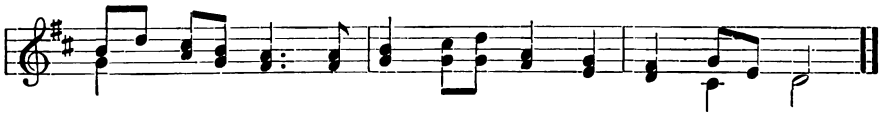
Eng - land's strand; When first the thoughtful and the free, [3] Our
fame be wreathed, And re - gions now un - trod shall thrill [9] With



fa-thers, trod the des - ert land. [4] They lit - tle tho't how pure a light,
reverence when their names are breath'd. [10] Till where the sun with soft -er fires,



With years, should gath - er round that day; [5] How love should keep their
[11] Looks on the vast Pa - cif - ic's sleep, [12] The chil - dren of the



mem - 'ries bright, [6] How wide a realm their sons should sway.
Pil - grim sires This hal - low'd day like us shall keep.

---

[1] Outward, sweeping gesture of both hands, palms up; stepping forward.

[2] Outward gesture of right hand, wrist leading.

[3] From previous position, slowly turn the hand palm down.

[4] Slowly shake the head.

[5] Figure *H*, looking up.

[6] Same as 1.

[7] Upward wave of right hand, for emphasis.

[8] Sweeping gesture outward with both hands.

[9] Look up, in reverential manner.

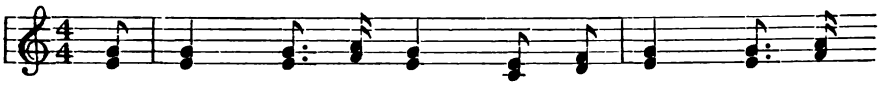
[10] Figure *K*, to the left.

[11] Slowly bring the hand down into position of Figure *E*, palm down.

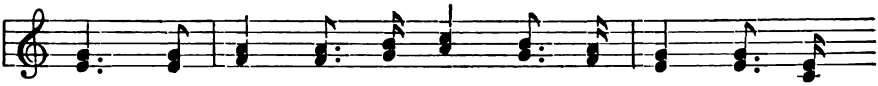
[12] Right hand outward, with waving motion.

Marching Song.

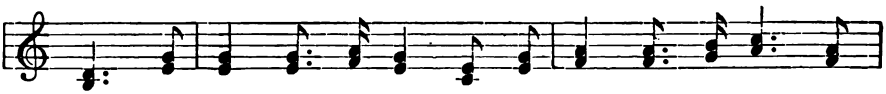
M. L. P. *Wm. B. Bradbury.*



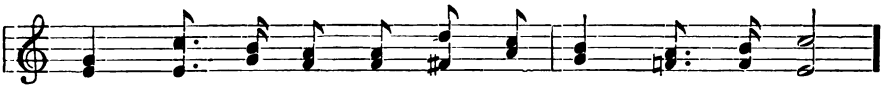
1. [1] Come, sol - diers, at - ten - tion, [2] And turn to the
2. [7] Our brave boys are march - ing With steps light and
3. [11] Our girls are sa - lut - ing The left and the



right; [3] Then rise ver - y soft - ly [4] And mark time so
free; [8] Our true girls are keep - ing The time mer - ri -
right; [12] Our boys whis - tle soft - ly To keep time so

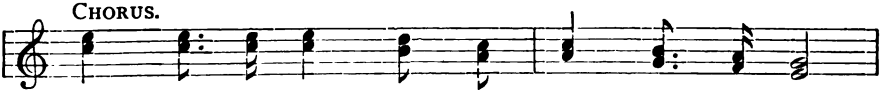


light: We're stand - ing to - geth - er, A bright, hap - py throng: [5] Then
ly: [9] The sol - diers march backward, In time with our song: [10] We 'll
light: [13] We turn toward each oth - er, Sa - lute with our song, [14] Then

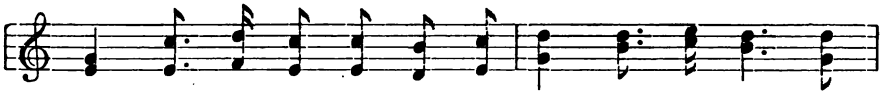


form chains so gai - ly, And be march - ing a - long.

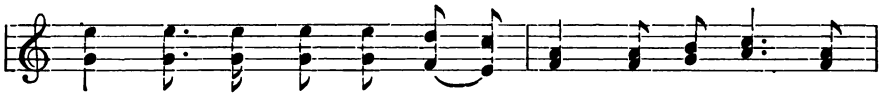
CHORUS.



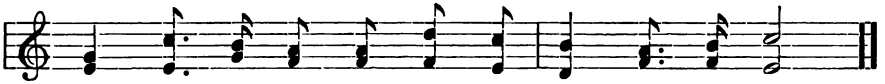
[6] March - ing a - long, we are march - ing a - long,



Left foot lead - ing, as we are march - ing a - long, The



mu - sic is ring - ing, in time with our song, Then



keep time so gai - ly as we're march - ing a - long.

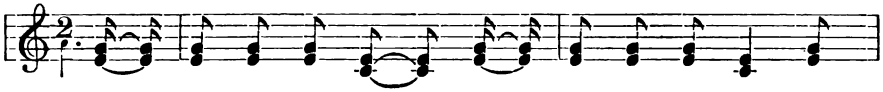
---

1 Sit erect and alert.
2 All turn to right of seats.
3 Rise and face to the front.
4 Mark time with feet until 5.
5 Form chains across the room, by intertwining straight arms, hands on neighbors' shoulders.
6 March eight steps forward with *follow* step, left foot always leading, bringing the right foot up to it: turn on "the music" and march back to place with same step.
7 Boys march forward four steps. Girls Figure *E*, toward the boys.
8 Boys mark time. Girls clap hands, as the left foot marks the accented note.
9 Girls mark time. Boys march backward. (If the school is not evenly divided, every other row may march.)
10 Form chains across the room.
11 Incline head and wave left hand outward, then the right.
12 Boys whistle softly throughout the two lines.
13 Figure *A* and *B*, or the military salute.
14 Same as 5.

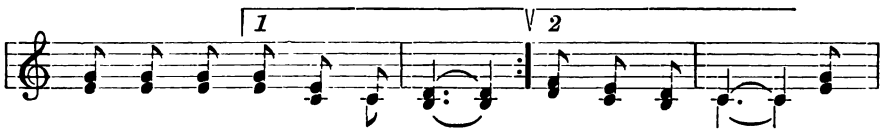
The Pretty Moon.

Arr. by S. W. S.

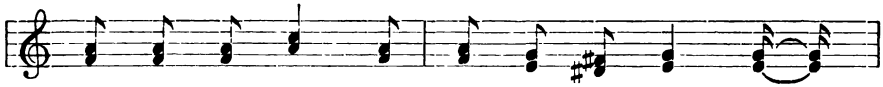
From "Happy Moments," by permission.



1. { [1] O moth-er, how pret-ty the [2] moon looks to-night, [3] 'T was
   { [4] Its two lit-tle horns are so sharp and so bright I
2. { [10] We would call to the stars to keep out of the way, [11] Lest
   { [12] And there we would sit till the dawn of the day, [13] And

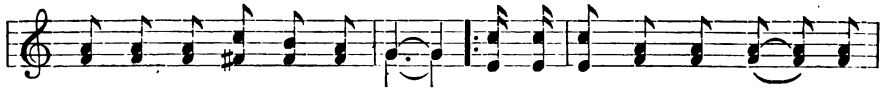


nev-er so cun-ning be-fore;
hope they won't grow a-ny more. } [5] If
we should rock o-ver their toes;
see where the pret-ty moon goes; } [14] And

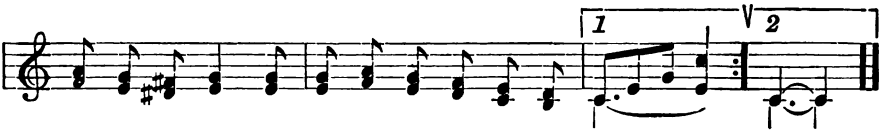


I were up there, with you and my friends, [6] We would
there we would rock in the beau-ti-ful skies, Or

CHORUS.



rock in it nice-ly you see. { [7] We would sit in the mid-dle, And
{ [8] We would see the sun rise, And
thro' the bright clouds we would roam.



hold by both ends, And on the next rain-bow come home; . .
see the sun set, 9And on the next rain-bow come home.

---

1 Look toward the left.
2 Figure *K*.
3 Hands at side; shake head gently, looking upward.
4 Figure *H*, looking upward.
5 Figure *K*.
6 Figure *D*, rocking movement, from side to side.
7 Figure *G*, bending from side to side.
8 Figure *E*, to east and west, without straightening index finger.
9 Same as 7.
10 Similar to Figure *L*, but with face turned upward, looking up.
11 Same as 6.
12 Figure *K*.
13 Figure *K*, carrying the arm to the right, slowly following path of the moon.
14 Same as 6.

NOTE.—The rocking movement may be varied for older pupils.

No. 6 Arms sideways, lift, palms forward; right foot forward. Swing arms forward and backward, at the same time bending the forward and backward knee, alternately.

At No. 7 bring heels together, stand erect, arms sideways, palms up; bend body left and right, letting opposite hand fall gracefully over the head. This movement should be light, without any noise of the feet and should keep time with the music.

In the second verse No. 10 step forward diagonally to the right, bring right hand to the mouth, to throw the voice as in calling a great distance, and hold the word "call" longer than indicated by the music; then carry the right hand with a sweeping motion to the right.

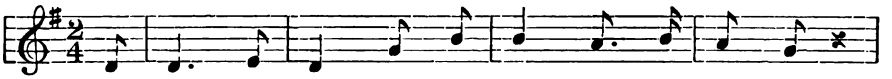
The expression of the face will add greatly to this song.

Winter.

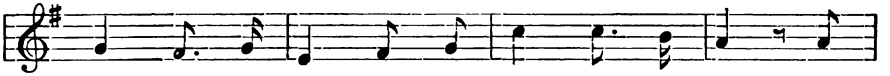
Winter days are coming,
  Filled with merry glee;
Brave Jack Frost is roaming,
  Very busy he.
Pure white snow is falling,
  Skating now is here;
This is just the season
  For the children dear.
Sleigh-bells clear are ringing,
  Always good times bringing;
This is just the season
  For the children dear.

Old Stormy December.

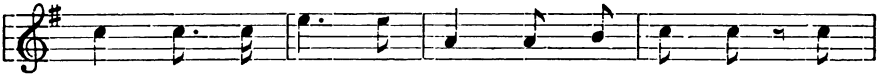
S. F. H. *Z. B. S.*



1. [1] Once more we greet you, old storm - y De - cem - ber,
2. [6] Snow-flakes are fall - ing, you jol - ly old fel - low,
3. [10] Sleigh-bells are ring - ing, old jol - ly De - cem - ber,



[2] Your snow - y cap we are hap - py to see; [3] You
[7] Where do you find them so bright and so clear? [8] Do
We 'll hunt up mit - tens, for skat - ing is here;[11] Christ -



look cold and stern, but well we re - mem - ber,[4] The
they come on - ly when win - try winds bel - low, [9] And
mas is com - ing, oh, don't you re - mem - ber,[12] The

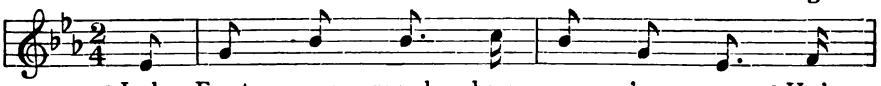
gifts that you bring, and the glad Christ - mas tree.[5]
you blow your horn, to tell you are near.
hap - pi - est day in all the long year.

---

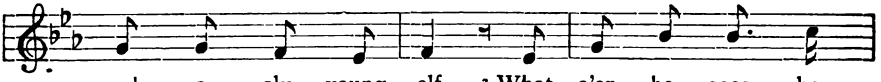
1 Figures *A* and *B*.
2 Touch right hand to head; a slight bow, and waving motion of hand.
3 Stand firm, hands folded.
4 Figure *F*.
5 Figure *E*.
6 Hands over head, bring them down with feather movements, in time with the music.
7 Hands out, palms up; look up.
8 Figure *E*, without straightening index finger.
9 Imitate blowing horn, both hands to mouth.
10 Exultant wave of right hand.
11 Figure *H*.
12 Figure *F*.

Jack Frost.

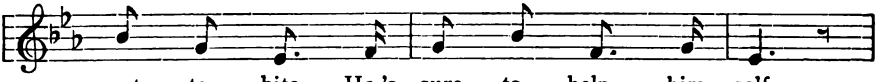
Old Song.



1. [1] Jack Frost comes round here ev - 'ry year, [2] He's
2. [6] The sky is clear, the day is cold [7] [8] When
3. [10] Some - times he's sting - ing at your ears, [11] And

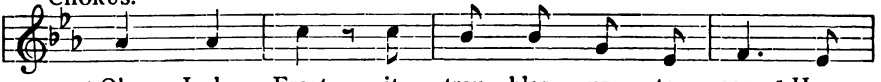


such a sly young elf, [3] What - e'er he sees he
Jack Frost comes this way; [9] He taps on windows, he
then he's at your toes; Be - fore you drive him

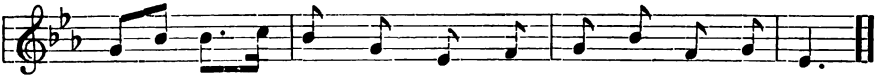


wants to bite, He's sure to help him - self.
steals thro' doors, And caus - es us to say:
off of these [12] He's nip - ping at your nose.

CHORUS.



[4] Oh, Jack Frost, it trou - bles us to see [5] How



ver - y, ver - y im - po - lite A boy like you can be.

By per. Educational Publishing Co.

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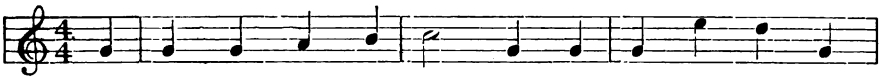
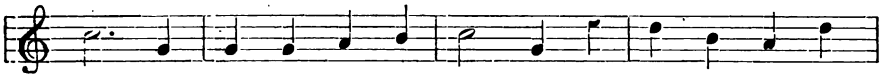
[1] Similar to Figure *E*, but using both hands.
[2] Figure *F*. (Sing this line very softly.)
[3] Hands on hips; nod to right and left.
[4] Boys and girls face each other. Figure *F* for girls; boys with hands at side and drooping heads.
[5] Girls continue previous position, nodding heads for emphasis.
[6] Figure *K*.
[7] Rub hands, as if very cold.
[8] Creep softly forward a few steps (keeping time if possible.)
[9] Tap on desk, then steal back to places.
[10] Hands to ears.
[11] Lift left foot, then the right, in time with music.
[12] Hands to nose.

With Foot-steps Firm.

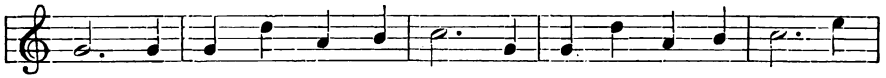
Kuecken.



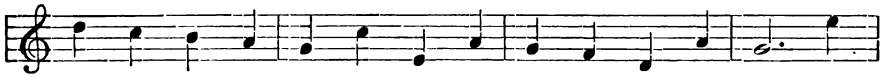
1. [1] With foot-steps firm and strong, [2] we will gai-ly move a-
2. Now hands on hips we place, and [3] to the right we will
3. Head to the right we turn, head to the left we will



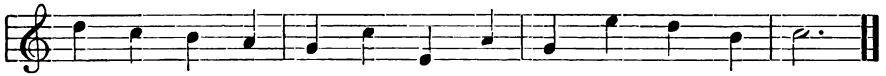
long; We will fol-low well our lead-er, for fear of march-ing
face; We'll hold our heads up high-er, and keep up in the
turn; And right foot for-ward plac-ing, but not with fa-ces



wrong; The left foot, then the right foot, straight our lines and true, O,
race; [4] The right arm, then the left arm, straight our lines and true, O,
stern; Now feet to-geth-er plac-ing, for-ward turn-ing, too, [5] O,



this is fun! For ev-'ry day we're learn-ing some-thing new, O,



this is fun! For ev-'ry day we're learn-ing some-thing new.

(Music and first verse by per. from "Songs for Little Children," Thos. Charles Co., Publishers.

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[1] Hands on hips, feet marking time. (Shoulders steady.)

[2] March forward, keeping straight lines. (March around the room while singing first stanza, or march forward and backward.)

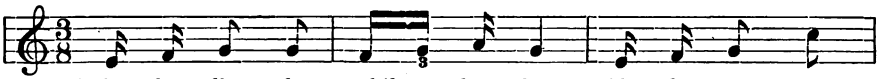
[3] Face right hand side of room.

[4] While facing to the right, lift the right arm, then the left, sideways, forming chains: drop arms at close of stanza.

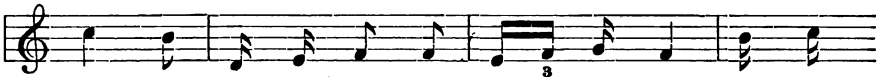
[5] Turn to front of room.

Childhood's Slumbers.

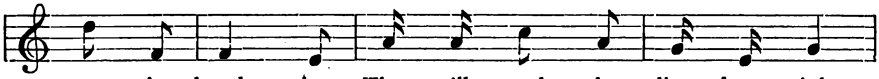
Carl Reinecke.



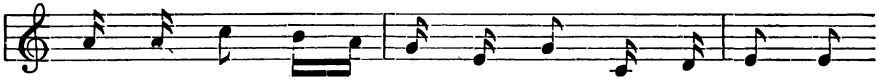
1. [1] When the lit - tle chil - dren sleep, [2] Lit - tle stars are
2. [7] When the lit - tle chil - dren wake, [8] Lit - tle stars are



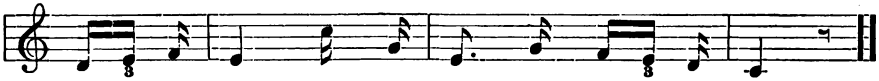
wak - ing; [3] An - gels bright from Heav - en come, And till
hid - ing; [9] But the an - gels hov - er near, Still in



morn is break - ing, They will watch the live - long night,
love a - bid - ing. [10] They will watch the live - long day,



[4] By their beds till morn - ing light; [5] When the lit - tle
[11] O'er the chil - dren when at play; [12] Wheth - er chil - dren



chil - dren sleep, [6] Stars and an - gels vig - ils keep.
wake or sleep, An - gels still their vig - ils keep.

Pupils seated.

[1] Hands to right side of face, head resting on them, eyes closed.

[2] Figure *H* (looking up brightly).

[3] Figure *K*, turning slowly and carrying the hand toward the east.

[4] Figure *C*.

[5] Same as 1.

[6] Same as 2.

[7] Sit up very straight and alert.

[8] Bring right arm over the eyes.

[9] Bring arms slowly sideways upward and touch above the head, looking up.

[10] Figure *H*.

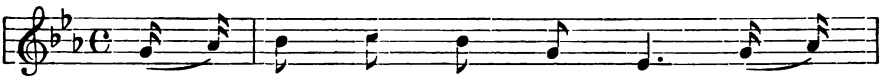
[11] Figure *C*.

[12] Same as 1.

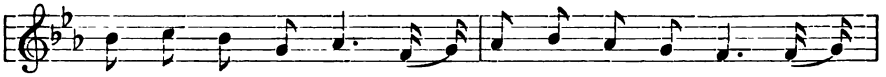
(Waken by ringing bell.)

Skating-Song.

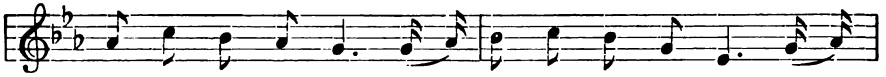
M. L. P. *J. Eva Mason.*



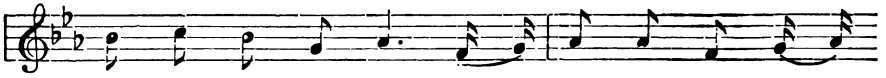
1. [1] Old Win - ter now is here, [2] Hur -
2. [7] A - way we go so fine, Hur -
3. [12] A clear and frost - y night, [13] The



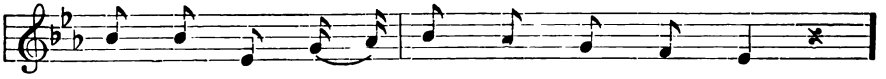
rah, for ice and snow; What care we for the cold, [3] Or
rah, for skat - ing rare; [8] What sport to spin a - long So
moon is shin - ing clear; [14] Make haste to form a chain, For



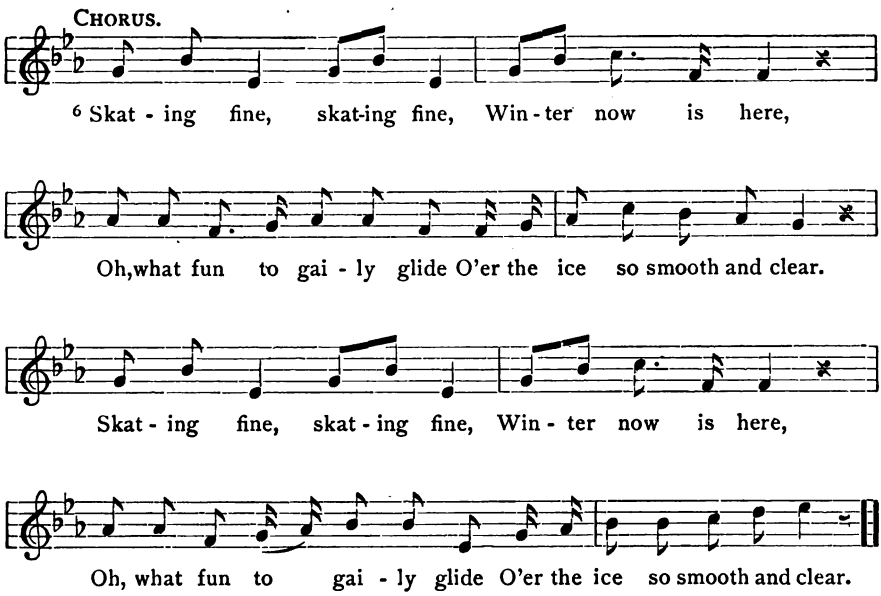
if the north winds blow? The ice is fro - zen hard; [4] We 'll
light and free from care. [9] First left foot, then the right, They
part - ing time is near. [15] A fan - cy skate we 'll have, And



strap our skates on tight, [5] And dash a - way, with
keep time with our song, [10] The bells ring clear, and
mo - ments fly so fast, [16] That stars grow dim be -



hearts so gay, For skat - ing 's fine to - night.
stars shine bright, [11] As we go skat - ing on.
fore we say, [17] Good - night! good - night! at last!



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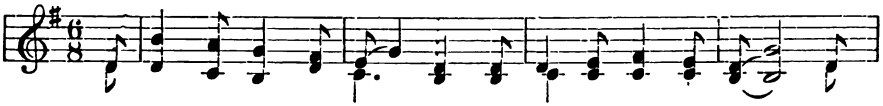
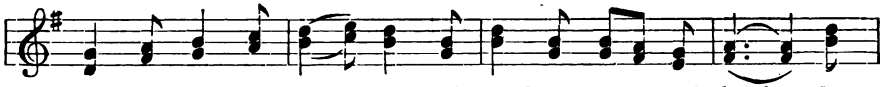
1 Figures *A* and *B*.
2 Figure *K*, waving hand.
3 Figure *J*.
4 Bend down, as if strapping on skates.
5 Hands on hips, keep time by bending the head from side to side.
6 Hands on hips; take a forward slide step with left foot, weight thrown forward, right foot raised from the floor, toe pointing downward; then slide step with right foot, etc. Continue throughout the Chorus; eight steps forward, turning on "clear" and eight steps back. (Straight lines and perfect time.)
7 Figure *K*, waving hand.
8 Same as 5.
9 Mark time with step (6), but without advancing.
10 Figure *J*.
11 Figure *K*.
12 Figure *H*, looking up.
13 Figure *K*.
14 Form chains across the room, intertwining straight arms, with hands on neighbors' shoulders.
15 Two steps forward, pointing left toe to floor, then stepping on left foot and same with right foot; back with same step, without turning.
16 Figure *K*.
17 Figure *E*, waving with right hand, then with left; or Figures *A* and *B*.

A Winter's Night.

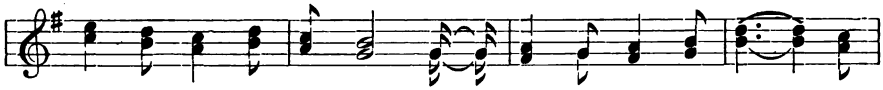
M. L. P. *Arr. from an old tune by J. E. M.*



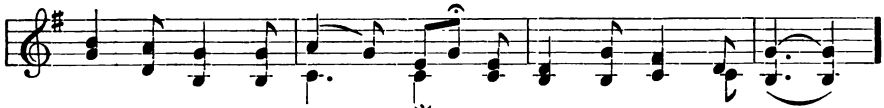
1. [1] Oh, Sum-mer has the ros - es, And rains that fall at night; [2] Oh,
2. [10] Oh, Sum-mer has the splen - dor Of corn-fields wide and deep, [11] And



Sum - mer has the splen - dor Of sun-beams warm and bright; [3] But
wav - ing shad - ows wan - der Where scar - let pop - pies sleep; [12] But

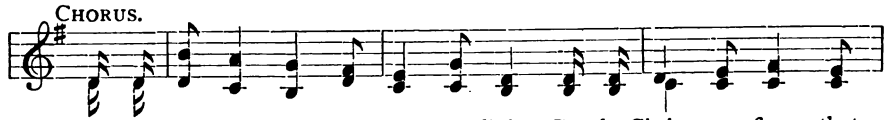


Win - ter has the snow-storms, [4] With fields of dia-monds rare, [5] The
Win - ter's fields are rar - est On a witch - ing, frost - y night, And

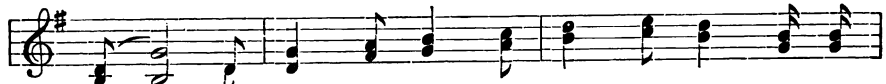


mer - ry jing - ling sleigh - bells, And days so crisp and fair.
Win - ter moon-light far out - shines A ha - zy sum - mer light.

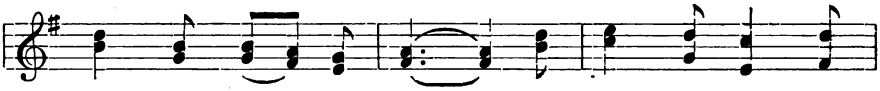
CHORUS.



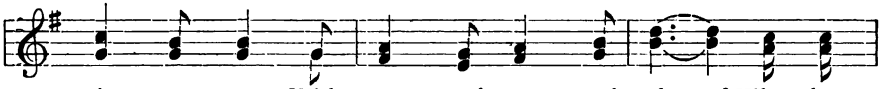
[6] On a Win-ter's night, 'tis my de - light, By the Christ-mas fires that



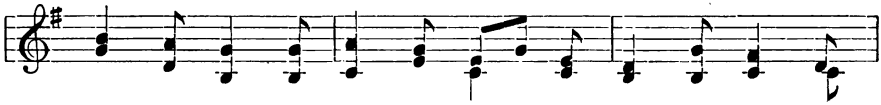
glow, To have the lads and las - sies meet As in



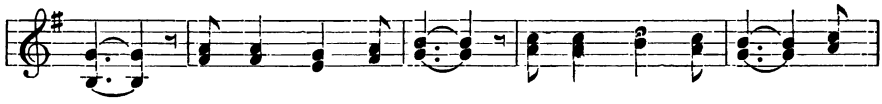
days of long a - go; . . [7] When Grand - ma danced the



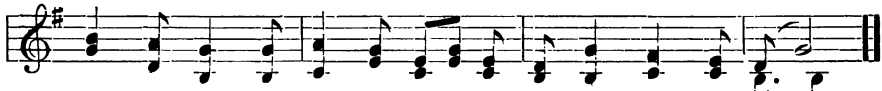
min - u - et With meas - ured steps and slow, [8] When they



turned and danced the min - u - et With meas - ured steps and



slow, [9] Meas-ured steps and slow, Meas-ured steps and slow, They



turned and danced the min - u - et, With measured steps and slow.

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[1] Turn diagonally to left, bring both arms outward shoulder high, then down, in feather movements to position at side.

[2] Figure *K*, using left hand.

[3] Turn diagonally to the right.

[4] Figure *E*, palm down, a waving motion.

[5] Figure *J*.

[6] (The step here described will be found more practical for the school-room, than the minuet.) Join hands by twos (arms shoulder high); mark the time by pointing the left toe forward on first accented note, heels together on second accent; same with right foot, etc.

[7] With this step, advancing on each foot after pointing it to the floor, come forward, turn and bow very slowly, Figures *A* and *B*.

[8] With same step, back to position and bow.

[9] Continue this step toward the back of room, turn, bow, and back to position the same way.

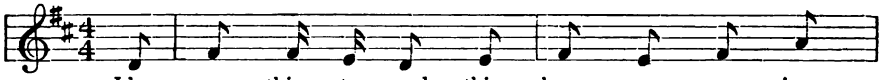
[10] Figure *E*, using left hand to left diagonal.

[11] Figure *C*.

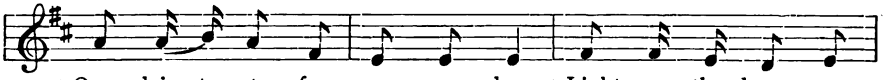
[12] To the right diagonal, Figure *K*, carrying the hand to the right following imaginary moonlight.

A Valentine.

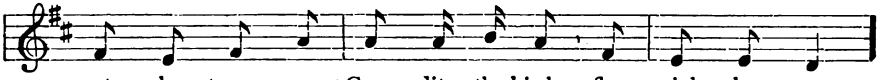
M. L. P. *Ogden.*



1. [1] I've some - thing to send this hap - py morn - ing,
2. [7] I've some - thing in - side this lit - tle mis - sive,
3. [11] I've some - thing to tell this hap - py morn - ing,

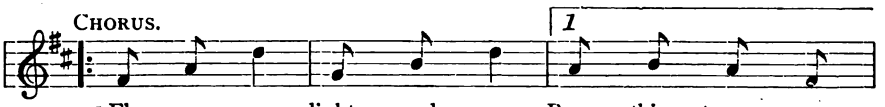


[2] One dain - ty note for one so dear; [3] Light as the down, a
[8] Fly to the cloud - less sky so blue; [9] Cir - cle a - bove, and
One lit - tle page with one short line; [12] This will she read with -

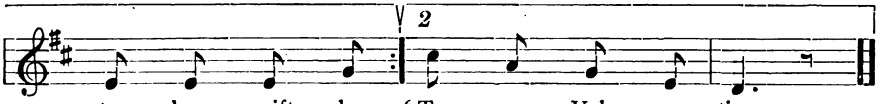


cost - ly treas - ure, [4] Come, lit - tle bird, fly quick - ly near.
hold it close - ly, [10] Fly lit - tle bird, to me be true.
in the let - ter, "Will you be my Val - en - tine?"

CHORUS.



[5] Fly a - way, light and gay, Bear this treas - ure
Fly a - way, light and gay,



to her swift - ly; [6] To my Val - en - tine.

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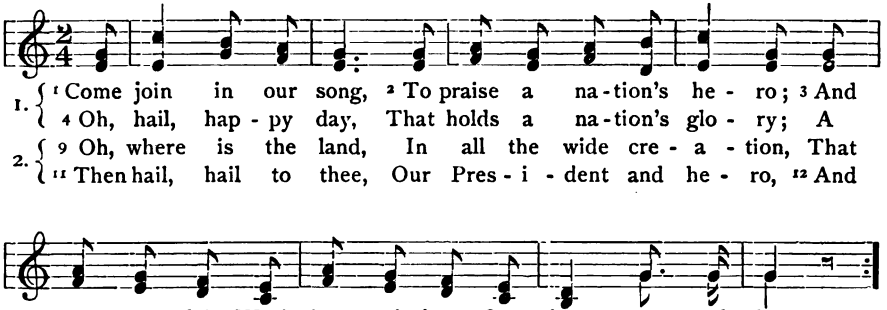
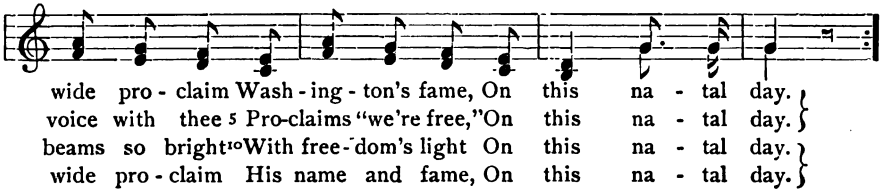
1 Extend right hand, as if holding a letter.
2 Look at it and nod head.
3 Gently wave it, in time with music.
4 Inviting gesture with left hand.
5 Imitate flying; stretch arms sideways, hands relaxed, wave them up and down, at the same time coming up on the toes.
6 Figures *A* and *B*, facing one another.
7 Same as 1.
8 Figure *K*.
9 Figure *K*, circling arm above.
10 Figure *E*.
11 Figure *L*.
12 Bring hands together in front and slowly open, as if to read from them.

Washington's Birthday.

S. F. H. *German Air.*

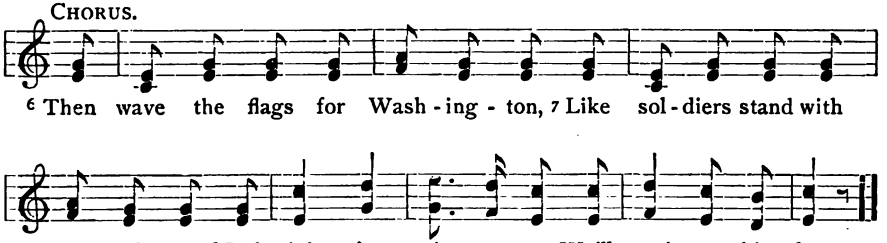


1. [1] Come join in our song, [2] To praise a na-tion's he - ro; [3] And
   [4] Oh, hail, hap - py day, That holds a na-tion's glo - ry; A
2. [9] Oh, where is the land, In all the wide cre - a - tion, That
   [11] Then hail, hail to thee, Our Pres - i - dent and he - ro, [12] And



wide pro - claim Wash - ing - ton's fame, On this na - tal day.
voice with thee [5] Pro-claims "we're free," On this na - tal day.
beams so bright [10] With free-dom's light On this na - tal day.
wide pro - claim His name and fame, On this na - tal day.

CHORUS.



[6] Then wave the flags for Wash - ing - ton, [7] Like sol - diers stand with

sword and gun; [8] Left, right, in rain or sun We'll march on this day.

If possible, each pupil should have a small flag on his desk.

1 Inviting gesture with right hand.

2 Figure *H*.

3 A sweeping motion outward, with both hands.

4 Wave right hand above, three times.

5 Figure *H*.

6 Take up flag and wave it from side to side with right hand, keeping time.

7 Drop flag over right shoulder; mark time.

8 March forward and backward, four steps: lay flag on the desk.

9 Same as 3.

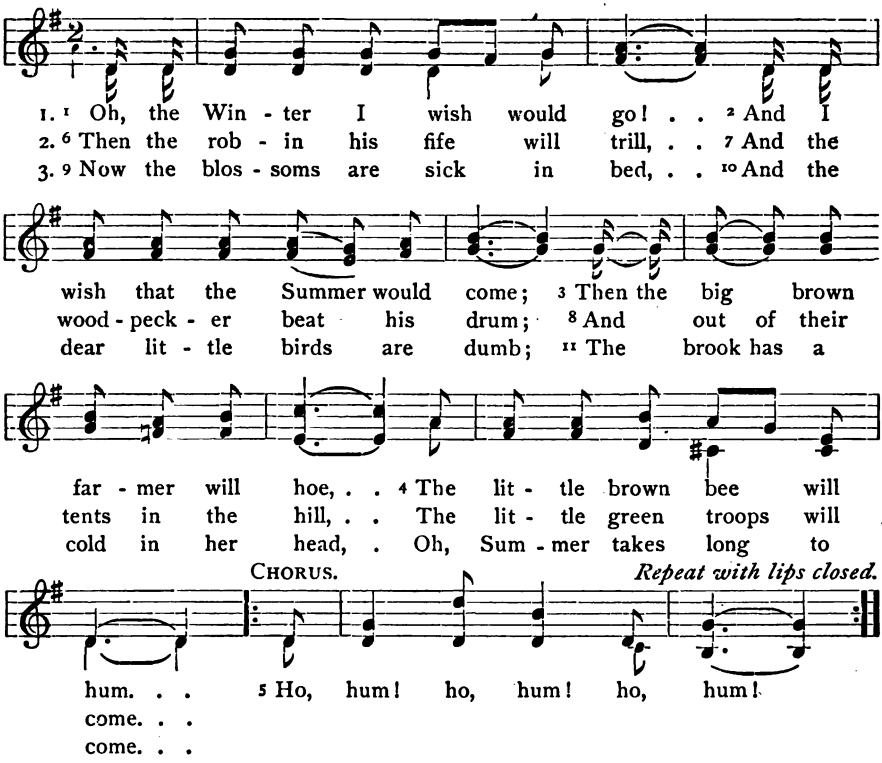
10 Figure *K*.

11 Same as 4.

12 Figure *H*, then with sweeping motion outward, bring arms to position.

Winter and Summer.

H. L. Knowlton. *S. W. Straub.*



By per. from "Happy Moments," S. W. Straub, Chicago.

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[1] Both hands to left side, palms to left; head turned to right.

[2] Both hands to right, palms up; looking toward the right.

[3] Imitate hoeing, both hands on hoe handle; looking down.

[4] Arms sideways, relax hands, and with waving motion, bring them gradually down to the side.

[5] Hands on hips; bend head to right and left, in time with music.

[6] Both hands to the mouth, imitate playing fife with fingers.

[7] Beat lightly on desk.

[8] Figure *E*.

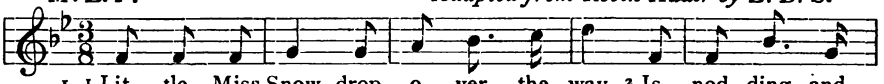
[9] Figure *C*.

[10] Figure *K*.

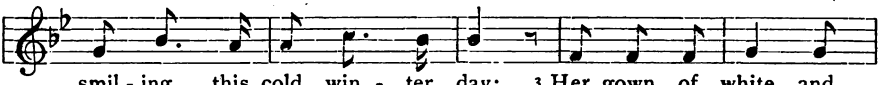
[11] One hand on each side of face; sad expression.

Little Miss Snowdrop.

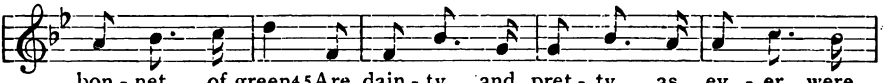
M. L. P. *Adapted from Robin Adair by Z. B. S.*



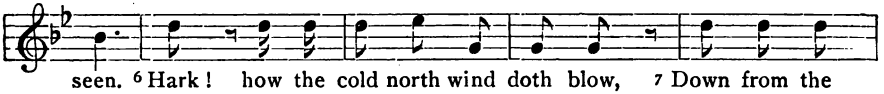
1. [1] Lit - tle Miss Snow-drop o - ver the way, [2] Is nod - ding and
2. [9] She lifts her head and looks all a-round [10] [11] To see how the



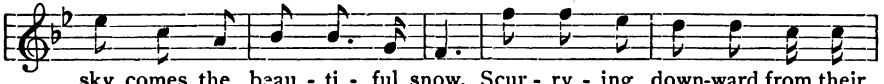
smil - ing this cold win - ter day; [3] Her gown of white and
snow lies in drifts o'er the ground; Dear lit - tle flow'r so



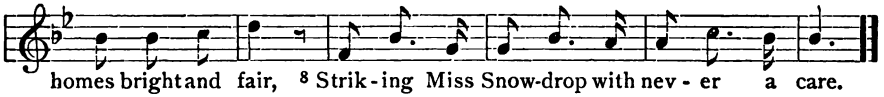
bon - net of green [4] [5] Are dain - ty and pret - ty as ev - er were
brave and so true, [12] Her gown is all snow-flakes, her green bon - net



seen. [6] Hark! how the cold north wind doth blow, [7] Down from the
too; [13] [14] See, thick - er and fast - er they fly, [15] The cru - el



sky comes the beau - ti - ful snow, Scur - ry - ing down-ward from their
north wind goes hur - ry - ing by; [16] Miss Snow-drop grows sleep - y and



homes bright and fair, [8] Strik - ing Miss Snow-drop with nev - er a care.
nods in her place, Low - er and low - er she drops her sweet face.

---

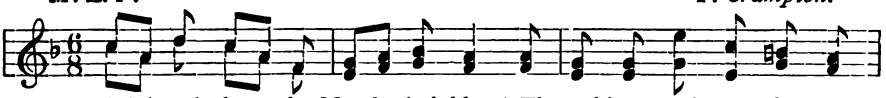
1 Figure *E*.
2 Hands on hips; nod head, in time with music.
3 Girls, Figure *A*.
4 Boys touch heads lightly.
5 Figures *A* and *B*, facing one another.
6 Figure *J*.
7 Figure *K*, bringing hand down with feather movement, in time to music.
8 Drop head lower and lower; hands clasped in front.
9 Slowly lift head.
10 Look around, from left to right.
11 Figure *E*.
12 Same as 3.
13 Same as 4.
14 Figure *I*.
15 With waving motion, carry both hands from left to right, rather quickly; turn head to left.
16 Hands on hips, nod head as if growing sleepy, and quietly drop into the seat.

Spring.

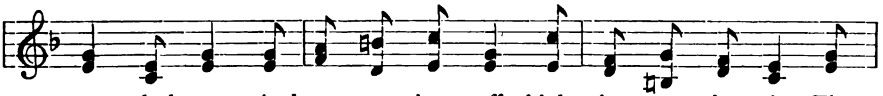
Springtime fair is coming,
  Filled with birds and flowers,
Children all are busy
  Through the happy hours.
Pleasant winds are blowing
  All the sunny day;
Buttercups are nodding
  All along the way.
Trees and leaves and grasses
  Greet the lads and lasses;
Buttercups are nodding
  All along the way.

The March Winds.

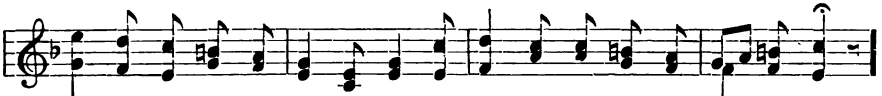
M. L. P. *T. Crampton.*



1. [1] High and low the March winds blow! [2] They whisper and rus - tle a -
2. [8] High and low the March winds blow! [9] They whistle and shout o - ver
3. [13] High and low the March winds blow! [14] They moan and sigh and go hur -

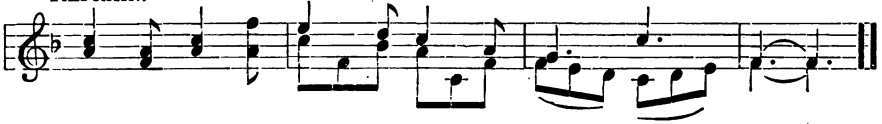


mong the leaves, [3] [4] And car - ry them off high in - to the air; [5] They
land and sea, [10] And toss the blue waves into feath - er - y spray; [11] They
ry - ing by, [15] To her - ald the coming of A - pril and May; [16] Then



rock the nests un - der-neath the eaves, [6] And bend the grass and flowers so fair.
dance and play in the sha - dy lea, [12] And speed the fisherman's sail on its way.
with one glance backward, one last sigh, [17] They vanish thro' the air at close of day.

REFRAIN.



[7] High and low the March winds blow, the March winds blow.

Music from "Our Little Ones and the Nursery," a magazine for little people, Boston, Mass.

---

[1] Sweeping gesture of both hands from left to right from above downward; repeat, from right to left.

[2] Figure *L.*

[3] Arms sideways; shake them, making rustling sound.

[4] Figure *K.*

[5] Figure *D.*

[6] Figure *C.*

[7] Same as 1.

[8] Same as 1.

[9] Boys whistle; Girls step forward with right foot, right hand to mouth, look off.

[10] Arms extended in front; wave them out and in, in time with song.

[11] Arms extended sideways, gently swing them back and forth; swaying body in harmony, one foot in advance, coming up on the toes.

[12] Figure *E*, following imaginary sail.

[13] Same as 1.

[14] Figure *J.*

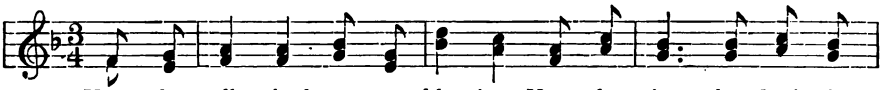
[15] Figure *H.*

[16] Look over right shoulder.

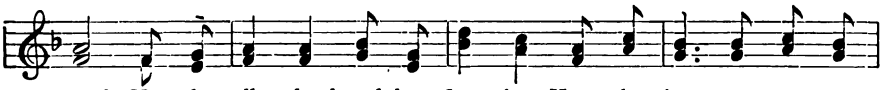
[17] Figure *K.*

An Easter Song.

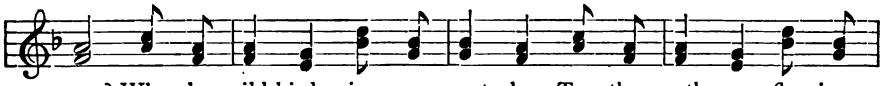
M. L. P. *German Air.*



1. [1] How do all the breez - es blow-ing, Know the time when Spring is
2. [5] How do all the lil - ies peep-ing, Know the time to lift their
3. [10] Sing sweet car - ols, day is break-ing, East - er sun - light comes at



near? [2] How do all the brook-lets flow - ing, Know the time to re - ap -
heads? [6] How do all the grass - es sleep - ing, Know the time to leave their
last; [11] Hear the an - gels' song a - wak - ing [12] All the flow'rs, for night is



pear? [3] Why do wild birds sing so sweet - ly, To the north come fly - ing
beds? [7] When of spring-time we are sing - ing, [8] When the East - er bells are
past. [13] How their voi - ces clear are sound - ing, With the mu - sic sweet re -

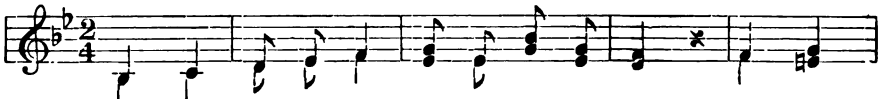
fleet - ly? [4] In the Spring they all ap - pear, Bring-ing East - er ev - 'ry year.
ring - ing, [9] In the Spring they all ap - pear, Bring-ing East - er ev - 'ry year.
sound-ing, [14] Striking on their harps of gold, Cel - e - brat-ing as of old.

---

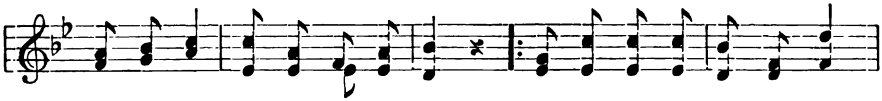
1 Bring right hand out in questioning manner and look around.
2 Figure *C*.
3 Look up, and slowly bring the hands into Figure *K*, following the movement with the eyes.
4 Figure *H*.
5 Figure *C*, using only the right hand.
6 Figure *C*, using left hand.
7 Look up, with much feeling.
8 Figure *J*.
9 Figure *H*.
10 Figure *K*, following the gesture to the right.
11 Listen intently; right hand toward the ear, face averted.
12 Hold previous position through the line.
13 Right hand slowly sinking to position: face upturned; at the same time, a step forward, throwing weight forward.
14 Figure *H*.

Beautiful Iris.

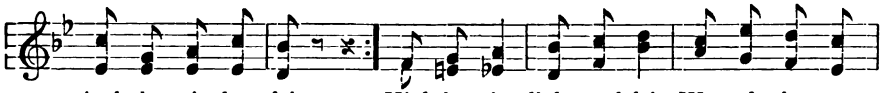
M. L. P. *Abenheim.*



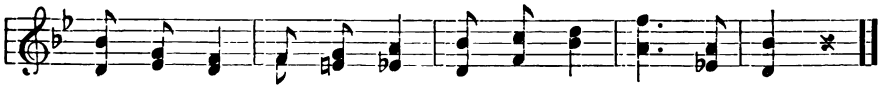
1. [1] Look, look, o - ver-head, I - ris now is there; [2] Look, look,
2. [7] Look, look, down the glen, Where the breez-es blow; Look, look,
3. [11] Home, home, hie thee home, [12] Ere the light is gone; Home, home,



o - ver-head, See her shin-ing there, [3] Daugh-ter of the sun so bright,
down the glen, [8] There's our bright rainbow; [9] Where thro' lonely for - est shade,
hie thee home, [13] Day is al-most gone; [14] I - ris dreams not of her death



[4] And the rain-drop fair. [5] High in air, light and fair, We ad-mire our
[10] Rip-pling wa-ters flow.
[15] By to-mor-row's dawn.



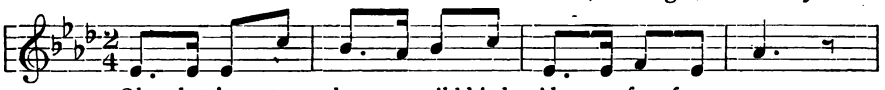
I - ris gay, Float-ing there, col - ors rare, [6] Bright al - way.

---

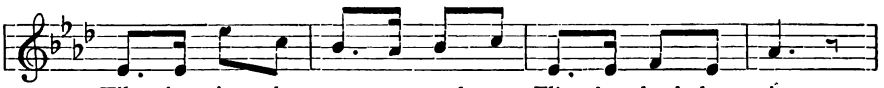
1 Look upward, stepping forward.
2 Figure *K*.
3 Figure *E*, using right hand.
4 Figure *E*, using left hand. Repeat 3 and 4.
5 Left foot in advance, lift arms sideways; wave arms forward and backward in time with music, looking upward.
6 First, bring both hands to forehead, elbows out and palms down; second, arms stretched sideways; third, drop arms. (Change gracefully from one to the other.
7 Figure *I*.
8 Figure *E*.
9 Figure *C*.
10 Figure *C*, carrying arms from left to right to imitate rippling. Repeat 9 and 10.
11 Figure *E*, with palm turned away from face.
12 Figure *E*, with left hand.
13 Figure *E*, moving arm slowly around to the left.
14 Shake head.
15 Figure *E*, to the east. Repeat 14 and 15.

The Wild Bird.

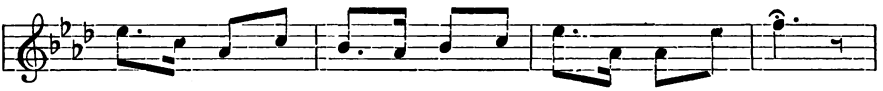
Annie Chase. *Tune, Coming Thro' the Rye.*



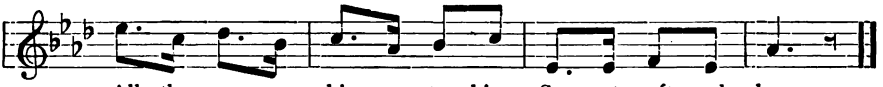
1. [1] Oh, what joy to be a wild bird, Al- ways free from care—
2. [6] Now his dain - ty bill he's dip - ping In the run-ning brook;
3. [12] High a-bove us he is cir-cling, [13] Swift-ly round and round;



[2] Tilt - ing in the sun - ny mead-ows, Flit - ting thro' the air.
[7] Now the wa - ter he is sip - ping With an up - ward look.
All the while his song is ring - ing With a joy - ous sound.



[3] All the flow - ers know and greet him [4] With a grace - ful bow;
[8] Hark! a rus - tle, chirp, a flut - ter; [9] [10] See, he flies a - way.
[14] Oh, what joy to be a wild bird, Al - ways free from care—



[5] All the grass - es whis - per to him Se - crets soft and low.
[11] Now he's back a - gain a swing - ing On a bend-ing spray.
[15] Tilt - ing in the sun - ny mead - ows, Flit - ing thro' the air.

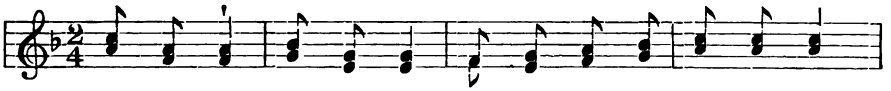
From "Royal Gifts," by permission.

---

1 Figure *H*.
2 Tilting movement — arms sideways, palms down, hands relaxed; wave arms, and lightly come up on the toes, in time with music.
3 Figure *C*.
4 Figures *A* and *B*.
5 Figure *L*.
6 Hands behind, bend forward, look downward.
7 Look upward, head turned slightly to one side.
8 Figure *F*.
9 Arms sideways, move them quickly, making a rustling sound.
10 Figure *K*.
11 Same as 2.
12 Figure *K*.
13 Right arm circling above.
14 Figure *H*.
15 Same as 2.

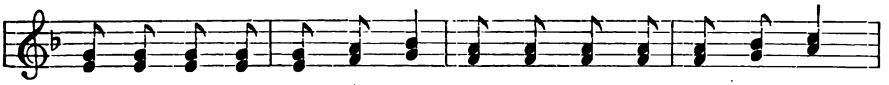
Lightly Row.

Spanish Melody.

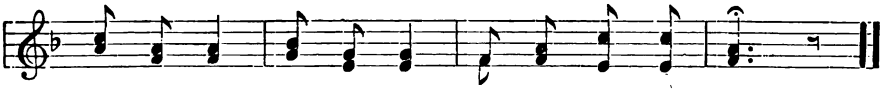


1. [1] Light-ly row! Light-ly row! O'er the glass y waves we go;
2. [6] Far a-way! Far a-way! [7] Ech-o, in the rocks at play;

[2] Smooth-ly glide! Smooth-ly glide! On the si-lent tide.
[8] Call-eth not! Call-eth not! To this lone-ly spot.



[3] Let the winds and wa-ters be [4] Min-gled with our mel-o-dy;
[9] On-ly with the sea-bird's note, Shall our dy-ing mu-sic float.



[5] Sing and float! Sing and float! In our lit-tle boat.
[10] Light-ly row! Light-ly row! Ech-o's voice is low.

---

1 Arms sideways; imitate rowing motion, bending body slightly and keeping time with song.
2 Arms sideways, hands relaxed; wave arms gently back and forth.
3 Figure *E*.
4 Figure *C*
5 Same as 2.
6 Figure *E*.
7 Figure *L*, all using the right hand.
8 Shake head.
9 Figure *K*, bringing the arm down with feather movement.
10 Rowing motion, 1.

Arbor Day.

Air, LIGHTLY ROW.

M. L. P.

1 Arbor Day, Arbor Day,
[1] See, the fields are fresh and gay;[2]
[3] All is bright, cheerful sight,
After Winter's night.
[4] Birds are flying in the air,
[5] All we see is fresh and fair;
Bowers green, now are seen,
[6] Flowers peep between.

2 [7] Swaying trees, swaying trees,
Rocking gently in the breeze,
[8] Dressed so gay, fine array,
For this Arbor Day.
[9] While we plant our tree so dear,
[10] All the others list to hear
How we sing, in the spring,
And our voices ring.

3 [11] Here we stand, here we stand,
Round the tree, a royal band;
Music floats, cheering notes,
Sweetly, gaily floats.
[12] March along with heads so high,
While our tree is standing nigh;
Step away, light and gay,
On this Arbor Day.

---

[1] Figure *I*.
[2] Figure *E*.
[3] Figure *H*.
[4] Figure *K*.
[5] Figure *E*, without straightening index finger.
[6] Figure *I*.
[7] Figure *G*, swaying from side to side.
[8] Figures *A* and *B*.
[9] Figure *E*.
[10] Figure *J*.
[11] By twos, face for marching, joining hands.
[12] March, keeping time to music.

The Flag of Our Own Country.

Tune, HOLD THE FORT.

Sylvia Manning.

1 [1] Oh, the flag of our own country,
[2] Let it wave on high;
[3] May the stars and stripes ne'er perish,
And no foe come nigh.

CHORUS.
[4] Floating o'er the heads of freemen,
May it wave above;
O'er the homes we prize so dearly,
And the land we love.

2 [5] Once it waved in time of bloodshed,
[6] O'er the battle plain;
[7] Now above a land united,
Free from slavery's strain. CHO.

3 [8] May we ever love its colors,
Red and white and blue;
[9] May we one and all prove faithful,
Faithful, kind and true. CHO.

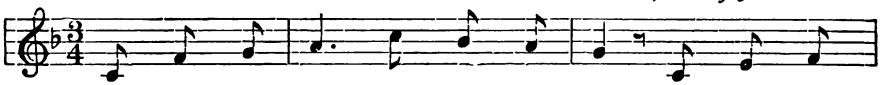
From "Royal Gifts," by permission.

Each pupil holding small flag.

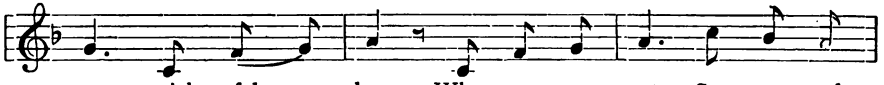
1 Hold flag up with right hand and look at it.
2 Wave it back and forth, in time with music.
3 Same as 1, shaking head.
4 Same as 2, continued through Chorus.
5 Same as 1.
6 Figure *E*, using left hand.
7 Lay flag on desk; Figure *K*.
8 Take up flag and indicate colors, as mentioned.
9 Drop flag over right shoulder; mark time.

Dandelion.

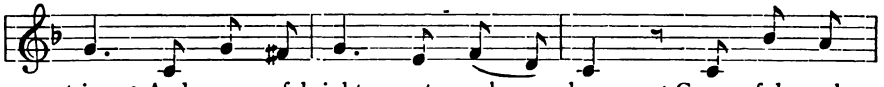
M. L. P. *Old Tune, arr. by J. E. M.*



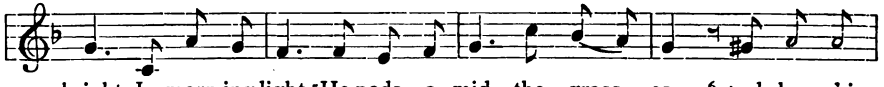
1. In ear - ly Spring [1]There is a flow'r, [2]A gay and
2. [8]The days are bright, The sun shines warm, [9]And breez - es



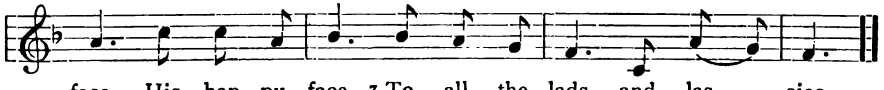
ro - guish fel - low; Who wears a coat, So green and
soft are blow - ing; [10]But Dan - de - lion, Our Dan - de -



trim, [3]And cap of bright - est yel - low; [4]Grace - ful and
lion, [11]How ver - y old he's grow - ing. [12]His cap turns



bright In morn-ing light, [5]He nods a - mid the grass - es, [6]And shows his
gray, Then blows a - way [13]And falls a - mid the grass - es; [14]An old man



face, His hap - py face, [7]To all the lads and las - sies.
now, He makes his bow [15]To ev - 'ry one that pass - es.

---

1 Figure *E*, without straightening the index finger.
2 Figure *F*.
3 Touch right hand to head and make a slight bow.
4 Hands on hips; sway from side to side, in time with music.
5 Nod head to left and right.
6 Indicate face with both hands.
7 Figures *A* and *B*.
8 Figure *K*.
9 Keep time by waving arms gently at side, shoulder high.
10 Figure *E*.
11 Shake head.
12 Touch head; then Figure *E*, with a waving motion outward.
13 Figure *C*.
14 Bow slightly, hands at side.
15 Bring hands apart with waving motion, as if bidding adieu.

Pussy Willow.

Tune, HOLD THE FORT.

M. L. P.

1 When the pussies on the willow
Open in the spring,
2 If you listen very closely,
You will hear them sing:—
3 "We are pussies, we are pussies,
Though we never purr;
4 We are gaily swinging, swinging,
In our coats of fur.

2 5 "When the winter winds were blowing,
Then Jack Frost came near;
6 In our cradles soundly sleeping,
We had nought to fear."
7 Winds, blow softly, winds, blow softly,
Swing the cradle slow;
Do not wake the little catkins
Sleeping soft and low.

3 8 "When the April rains come dropping
Gently on the tree,
And the sunbeams bring us warning,
9 'Sleep is o'er for thee!'
10 Then we spring out on the branches,
Gaily swing and swing;
While the children shout to see us
In the early spring."

Pupils seated.

1 Figure *E*.

2 Figure *J*.

3 Hands on hips; bend head to left and right, in time with music.

4 Arms lifted sideways, palms down; swing backward and forward, waving arms, and bending slightly at the waist.

5 Figure *F*.

6 Arms folded in front, shoulder high; gradually let the head fall to the right and rest on arms, keeping the swaying motion from side to side.

7 Let arms move more and more slowly; stop on word "slow," drop arms and head on desk and close eyes.

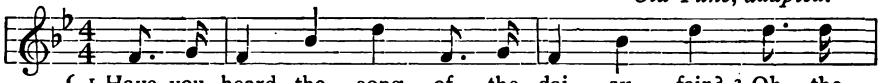
8 Keep sleeping position and tap gently on desk with one hand.

9 Open eyes and rub them sleepily.

10 Spring into standing position, take swaying movement similar to 4, singing lively.

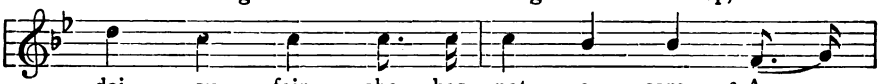
Daisy Fair.

Old Tune, adapted.

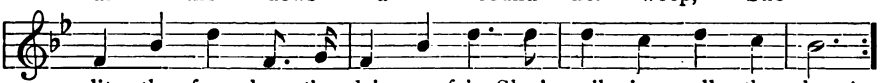


1. { [1] Have you heard the song of the dai - sy fair? [2] Oh, the
[4] Our dai - sy al - ways moves with grace, [5] While she

2. { [10] At morn she turns her head this way, For she
[12] At night when the dear sun goes to sleep, And

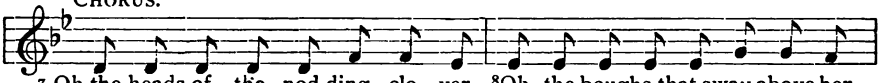


dai - sy fair, she has not a care; [3] A
bends this way, this way, this way. [6] She
loves the sun, the sun they say, [11] And
all the dews a - round her weep, [13] She

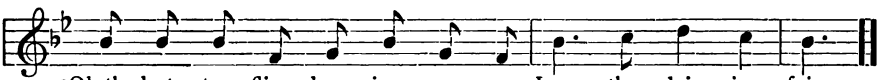


lit - tle face has the dai - sy fair, She 's smil - ing all the day.
looks the bright sun in the face, Brave lit - tle dai - sy fair.
watch - es for its first bright ray; Wise lit - tle dai - sy fair.
turns this way for one more peep, [14] Good night, little dai - sy fair.

CHORUS.



[7] Oh, the heads of the nod-ding clo - ver, [8] Oh, the boughs that sway above her,



[9] Oh, the but - ter - flies danc - ing o - ver, Love the dai - sies fair.

By per. Educational Publishing Co.

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1 Figure *F*.

2 Hands on hips; bend head slightly from side to side, in time with music.

3 Indicate face, with both hands.

4 Hands on hips, feet slightly apart.

5 Bend gracefully sideways forward to right and left, changing weight on the toes.

6 Standing firm, hands on hips, look out of window.

7 Arms forward, relax hands, and with waving motion bring arms to the sides, in time with music.

8 Figure *G*.

9 Arms above head; waving movement of arms and fingers to the left.

10 Figure *E*, to the east.

11 Figure *K*.

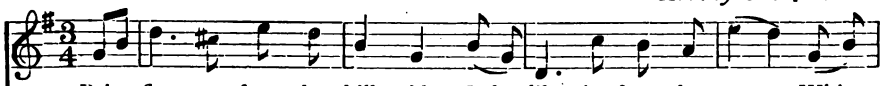
12 Figure *E*, toward the west; then both hands to right of face, head resting upon them, eyes closed.

13 Figure *I*.

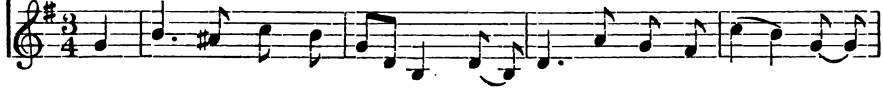
14 Slight bow and wave of right hand.

May Song.

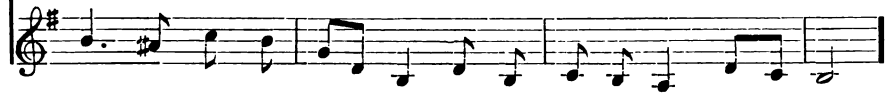
Arr. by G. F. R.



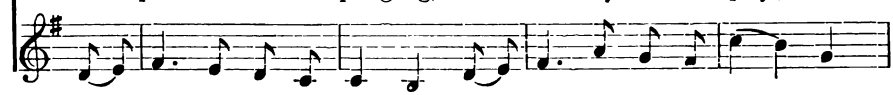
1. [1] Bring flow - ers from the hill - side, [2] Pale lil - ies from the stream, White-
2. [7] Seek in the sha - dy wood-land, For the vio-let's blue-eyed throng; Pluck the
3. [11] Bring dain - ty lit - tle butter-cups, [12] All scat-ter'd o'er the green, Like



rob'd and fra - grant blos - soms, [3] In the sun - light's gold-en beam.
heath - er bells that soft - ly [8] Chime a sweet and fai - ry song.
threads of gold, bright flash - ing In the rich robe of a queen.



[4] Bring dai - sies from the mead - ow, [5] From the gar-den tu - lips gay, [6] And
[9] And the rose - bud, half un - fold - ing Its leaves to meet the day, [10] Earth's
[13] Seek the per-fum'd flow'rets spring-ing, Where the sil-v'ry fountains play; [14] We'll



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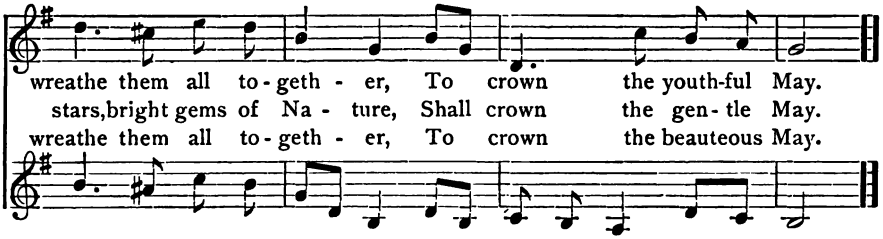
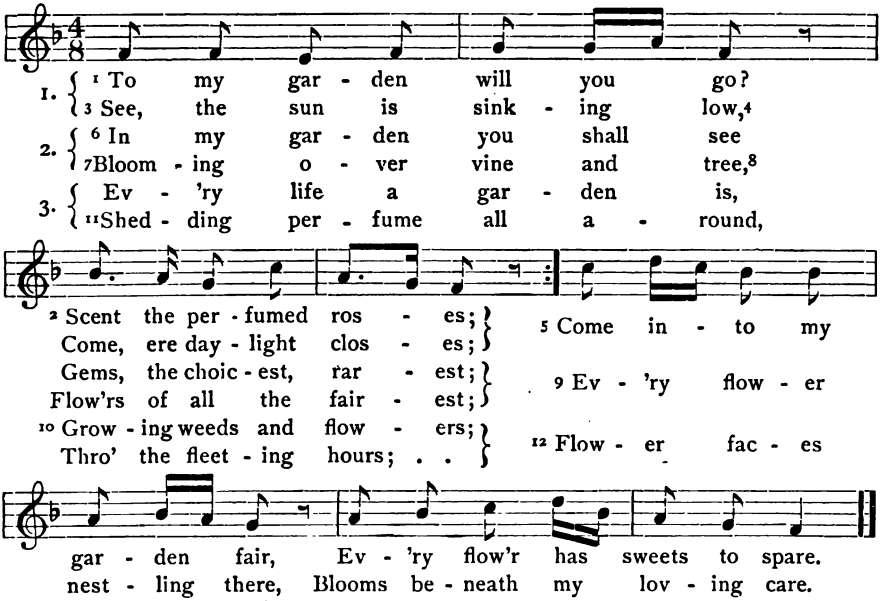
[1] Gesture of invitation; step forward on right foot, both hands out, palms up.
[2] Change very gradually into Figure *C*.
[3] Figure *D*.
[4] Figure *E*.
[5] Figure *E*, using left hand.
[6] Wrist leading, lift arms sideways and wave them gently in and out, in time with the song; then turn palms up, gradually bring the hands over head and touch them.
[7] Figure *I*.
[8] Figure *J*.
[9] Figurs *E*.
[10] Same as 6.
[11] Same as 1.
[12] Same as 2.
[13] Figure *E*, gradually changing to Figure *K*.
[14] Same as 6, or for variety,—Girls bring right hand over head, left hand on hip; right foot crossed over the left, the toe pointed to the floor. Boys the same, using left hand and foot.



My Garden.

W. A. O. *Volksweise.*



By per. from W. A. Ogden.

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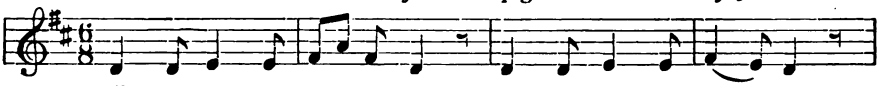
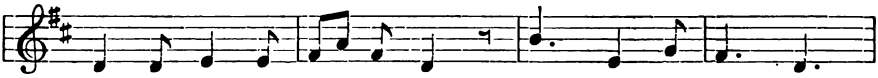
1 Figures *A* and *B*.
2 Figure *E*.
3 Figure *I*.
4 Figure *E*.
5 Inviting gesture, with right hand.
6 Figure *E*, using both hands.
7 Figure *E* upon word "vine."
8 Figure *K* upon word "tree."
9 Figure *C*.
10 Figure *E*, using first left hand, then right,
11 Figure *E*, using both hands and making an outward motion.
12 Figure *E*; then turn the face upward.

Raise the Banner.

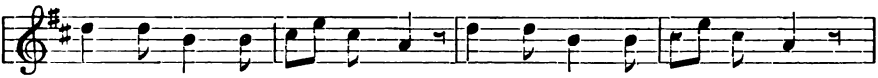
M. L. P. *Arr. from "Pop goes the Weasel" by J. E. M.*



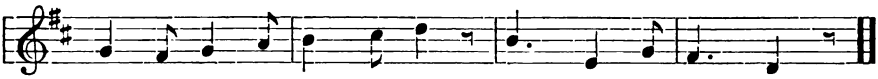
1. [1] All a-round the flag we stand, In a hap - py man - ner,
2. [3] We will give our hearts to thee, In a roy - al man - ner;
3. [6] We will hail our flag so true, In a heart - y man - ner,



We, a strong and loy - al band Sing to our ban - ner.
[4] We will have our coun-try free, Free, our fair ban - ner.
[7] Hail the red and white and blue On our fair ban - ner.



[2] Pull the ropes, our boys so true; Raise the flag of pur - est blue,
[5] Let the stars and stripes now wave, O'er a land so true and brave,
[8] See it wav - ing in our sight, [9] O'er this west - ern land so bright,



With its stripes and white stars too, Up, raise our ban - ner!
The dear flag our fa - thers gave, High, floats our ban - ner!
[10] Al - ways stand-ing for the right, Loud, cheer our ban - ner!

Suitable for an out-of-door song, when raising a flag,

[1] Join hands, look upward.

[2] Imitate pulling ropes; first with right hand, then left, from above, downward; looking up. (At the same time, let one or two boys raise the flag.)

[3] Waving motion outward of both hands, slightly bow the head.

[4] Look up, both hands out.

[5] Figure *K*, waving the hand.

[6] Step forward and wave the hand once.

[7] Wave three times.

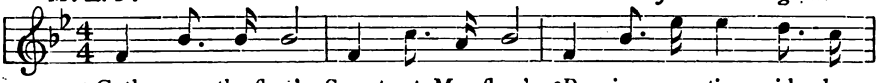
[8] Figure *I*, looking up and throwing weight forward.

[9] Sweeping gesture outward with left hand.

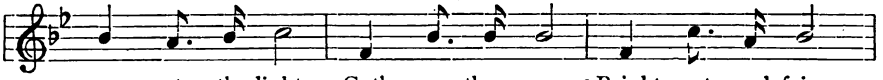
[10] Figure *K*.

Decoration Day.

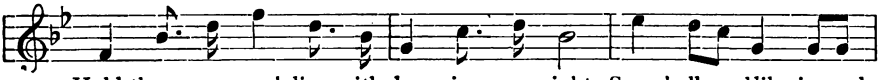
M. L. P. *Arr. from Lohengrin.*



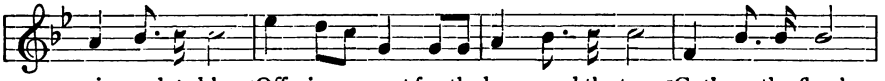
1. [1] Gath - er the flow'rs, Sweet-est May flow'rs, [2] Peeping so tim - id - ly
2. [6] Lay down the flow'rs, Sweet scent-ed flow'rs, Off'rings we bring for the



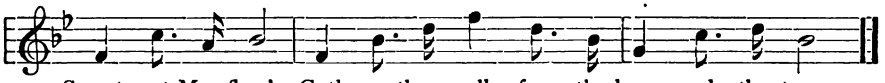
up at the light; Gath - er them rare, [3] Bright - est and fair,
no - ble and brave; [7] An - gels a - bove, [8] Look down in love,



Hold them up spark-ling with dew in our sight. Snowballs and lil - ies and
On the dear flag they died glad - ly to save. [9] Still the stars and stripes



vi - o - lets blue, [4] Offerings sweet for the brave and the true, [5] Gath-er the flow'rs,
float o'er our land, [10] Still they protect a strong and loyal band, [11] Lay down the flow'rs,



Sweet - est May flow'rs, Gath - er them all for the brave and the true.
Sweet scent - ed flow'rs, [12] For our blest coun - try and flag we will stand.

It will be more effective if each pupil has a few flowers.

1 Figure *C*, gradually sinking to the floor.

2 Head slightly turned to one side, look up.

3 Gradually come up to position, holding flowers and looking at them (similar to Figure *D*.)

4 Hold previous position, then straighten arms forward, shoulder high, and look upward.

5 Hold flowers as Figure *D*.

6 Lay them on desk.

7 Figure *K*.

8 Figure *E*, using both hands, without straightening the index finger.

9 Figure *K* with floating motion of the hand.

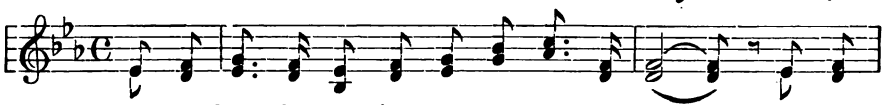
10 Figure *E*, using both hands, without straightening the index finger.

11 Both hands over flowers, similar to Figure *C*.

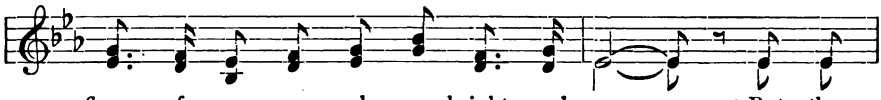
12 Figure *K*.

Our Flag.

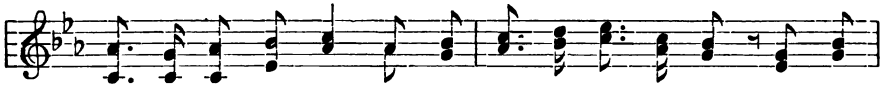
M. L. P. *J. Eva Mason.*



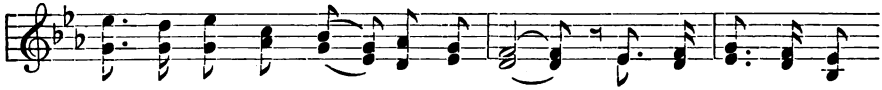
1. [1] There are flags for ev - 'ry coun - try, so they say; There are
2. [11] Our bright ban - ner holds a sto - ry, we will tell; How the
3. [17] We will wave our flag of glo - ry, em - blem grand; [18] We will



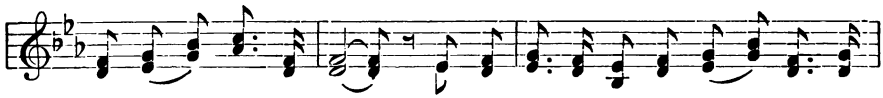
flags of ma - ny col - ors, bright and gay; [2] But the
col - ors came to - geth - er, blend - ed well, [12] From the
hail the no - ble vet - 'rans of our land; And we



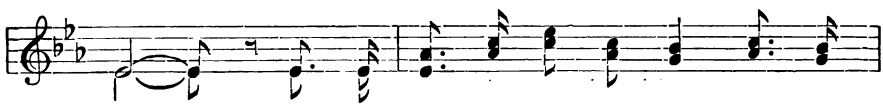
flag of bright-est hue Is our own red, white and blue; It's the
rain - bow o - ver - head Came the love - ly shade of red, [13] On the
vow we will be true, To the men who wore the blue; [19] For the



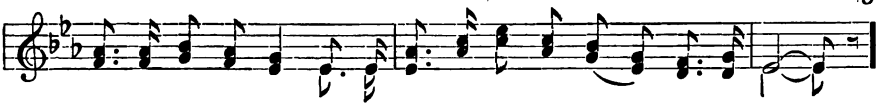
on - ly flag for you, ev - 'ry day. [3] We will al - ways love
ban - ner proud - ly spread, guarded well. [14] When the sun - set tints
flag, for - ev - er new, we will stand. [20] When the morn - ing sun



the stars, pure and white; [4] With the field of blue be - yond, clear and
the west, gay and bright; Then we see the col - ors best, red and
pro - claims day is nigh, And flags from ev-'ry house-top kiss the

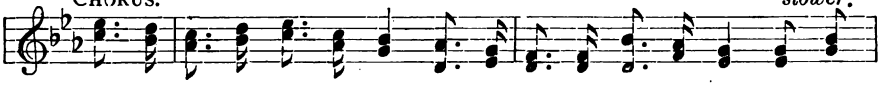


bright; [5] And when war comes to our land, Dan - gers
white; [15] And when dark - er grows the sky, And the
sky; [21] We the ban - ner fair will wave, O - ver

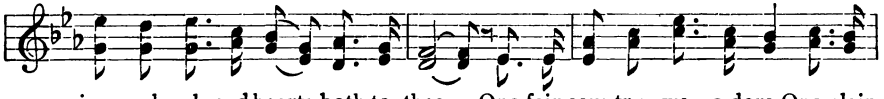


grow on ev - 'ry hand,[6]With the red we'll take our stand, for the right.
stars go sail - ing by,[16]Then our ban-ner floats on high, in our sight.
pa-triots strong and brave, The blest flag our fathers gave, we will fly.

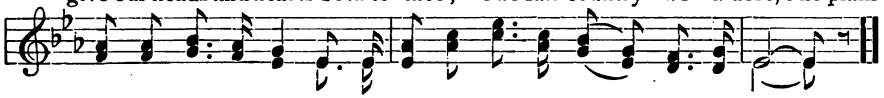
CHORUS. *slower.*



[7] Stars and stripes, our ban-ner free, [8]Stars and stripes, on land and sea; [9] We will



give our heads and hearts both to thee; One fair country we a-dore, One plain



lan-guage, as of yore, [10]One bright banner floating o'er, you and me.

A large flag should be placed in a conspicuous part of the room.

[1] Sweeping gesture outward of right hand, stepping forward, weight forward; animated expression of face.

[2] Look steadily at the flag.

[3] Figure *K*, stepping toward the flag, weight forward.

[4] Left hand raised rather quickly, palm away from face, eyes following the gesture.

[5] Change into sweeping gesture outward with both hands; look to left and right.

[6] Same as 3.

[7] Short step forward and look at flag, with much feeling.

[8] Sweeping gesture outward with right hand, gradually turning the palm down.

[9] Gesture of right hand toward the head, then bring both hands out and look upward.

[10] Same as 3.

[11] Same as 1.

[12] Sweeping gesture of right hand (describing an arc above the face).

[13] Change into sweeping gesture outward, of both hands.

[14] Figure *E*, using left hand.

[15] Look toward the left, then Figure *K*, following imaginary stars.

[16] Floating movement of left hand, overhead to the left.

[17] (Each pupil should have a small flag to use for the rest of the song.) One wave above, of the flag, steadily looking at it.

[18] Change into sweeping outward gesture of both hands.

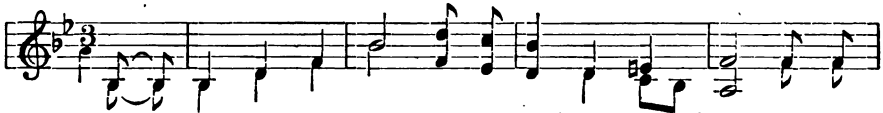
[19] Same as 3, slightly waving the small flag.

[20] Figure *E*.

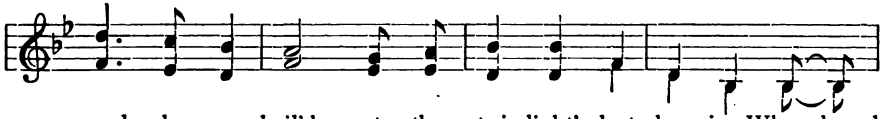
[21] Wave flag in time with the song, changing into Figure *K* at the close; hold this position a moment, before singing last chorus. (Wave flag between gestures of this chorus.)

The Star-Spangled Banner.

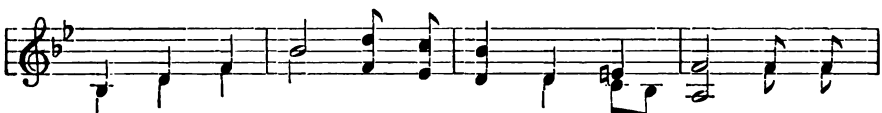
F. S. K., 1814. *Francis Scott Key.*



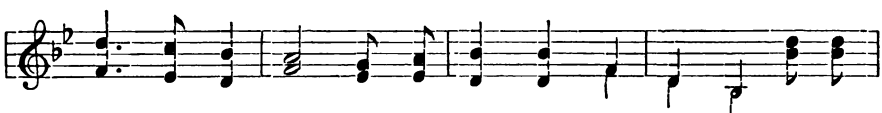
1. [1] Oh, say, can you see, by the dawn's ear - ly light,[2] [3]What so
2. [8] On the shore dim - ly seen thro' the mists of the deep,[9]Where the
3. Oh, thus be it ev - er when free-men shall stand, [12]Be -



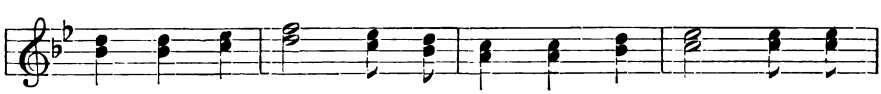
proud - ly we hail'd at the twi - light's last gleam-ing;Whose broad
foe's haught-y host in dread si - lence re - pos - es; What is
tween their loved home and wild war's des - o - la - tion;[13] Blest with



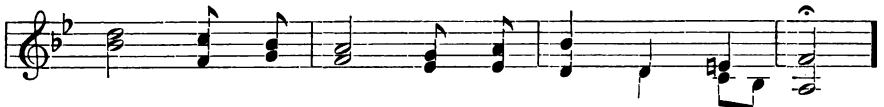
stripes and bright stars, thro' the per - il - ous fight, [4]O'er the
that which the breeze, o'er the tow - er - ing steep, [10] As it
vic - t'ry and peace, may the heav'n res - cued land [14]Praise the



ram - parts we watch'd, were so gal - lant - ly stream-ing? [5]And the
fit - ful - ly blows, half con - ceals, half dis - clos - es? Now it
pow'r that hath made and pre - serv'd us a na - tion. [15]Then

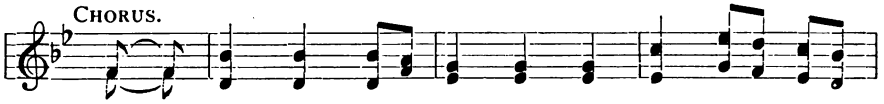


rock - ets' red glare, the bombs burst - ing in air, [6] Gave
catch - es the gleam of the morn - ing's first beam, [11] In full
con - quer we must, when our cause it is just, [16] And

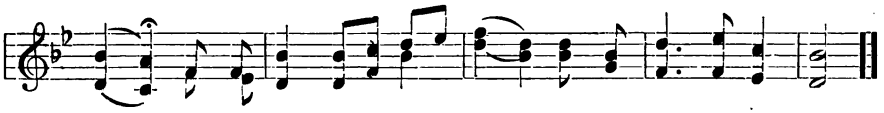


proof thro' the night that our flag was still there,
glo - ry re - flect - ed, now shines on the stream;
this be our mot - to, "In God is our trust."

CHORUS.



Oh, say, does that star - span - gled ban - ner yet
'T is the star - span - gled ban - ner, oh, long may it
[17] And the star - span - gled ban - ner in tri - umph shall



wave, [7] O'er the land of the free, and the home of the brave.

---

[1] Look with much animation toward the right, stepping forward with right foot.

[2] Bring weight forward and shade eyes with right hand.

[3] Right hand up in an exultant manner.

[4] Step back, weight back, bring both hands out and look up with an admiring expression.

[5] Figure *E*, using left hand and looking up; then bring right hand forward and separate them, throwing the weight forward.

[6] Weight on backward foot, Figure *E*.

[7] Sweeping gesture outward, with both hands.

[8] Same as 1, hand shading eyes.

[9] Straighten right arm out and bring left hand up, palms turned away, head turned to the left.

[10] Step back; a concealing motion of right hand, palm toward the face, followed by a disclosing motion outward.

[11] Figure *C*.

[12] Figure *E*.

[13] Gesture of aversion with left hand, palm away from face, eyes following.

[14] Figure *H*, looking upward.

[15] Straighten up, stand firm on the balls of the feet, arms at sides, clenched fists.

[16] Right arm raised in reverential gesture.

[17] Wave right hand back and forth and come into Figure *K* at the close.

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